

# **Schenectady County Resource Booklet**

*Last Updated: May 4<sup>th</sup>, 2017*

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## #

### 12309 Neighborhood Association

600 McClellan St, Schenectady, NY 12304  
518-346-2674

**Hours:** Last Tues of the month, 6:30pm

**Website:**

<https://www.facebook.com/12309NeighborhoodAssociation/>  
<http://www.cityofscheneectady.com/408/Neighborhood-Associations>

**Description:** Neighborhood association meets at the Walt Robb Auditorium at Ellis.

**Categories:** Community

### 15-LOVE

785 Washington Ave, Albany, NY 12206  
518-438-2039

**Website:** <http://www.15love.org/>

**Description:** Promotes good health and education through tennis for the Capital Region's youth. Free tennis lessons are provided for youth ages 4-18 in Albany, Schenectady, Rensselaer and Troy. Other programs are run by this organization, as well, such as Book Power Clubs and Healthy Cooking & Gardening programs.

**Categories:** Education, Youth

### 1st Advantage Dental

**Niskayuna:** 445 Balltown Rd, Niskayuna, NY 12309  
518-344-4942

**Hours:** Mon/Tues/Thurs 7am-5pm; Wed 10am-7pm; open 3<sup>rd</sup> Saturday of the month

**Glenville:** 493 Saratoga Rd, Glenville, NY 12302  
518-399-4031

**Hours:** Mon-Wed 8am-5pm; Thurs 7am-3pm; Fri 7am-2pm

**Website:** <https://www.1stadvantagedental.com/>

**Description:** Dentist that accepts Medicaid.

**Categories:** Health Care

### 518BLK

[518blk@gmail.com](mailto:518blk@gmail.com)

**Website:** <http://www.518blk.com/>

**Description:** This is a website for the Capital District's urban community to find different events and activities in the community that are relevant to them as minority individuals.

**Categories:** Minority Services

### 845 Commons

845 Broadway, Schenectady, NY 12305  
518-374-9136

**Website:** <http://cdymca.org/programs/housing/845-commons/>

**Description:** Offers 155 studio apartments for men (includes veterans, disabled, and the mentally ill). Broadway AA Group meets here Tuesdays at 7pm (open, discussion).

**Categories:** Addiction, Homelessness/Housing, Veterans

## A

### Access Transit Services (CDTA)

(518) 437-5161

**Website:** <https://www.cdta.org/access-transit-services-faqs>

**Description:** Transportation for individuals in Schenectady who are eligible for TANF, specifically for the use attaining, retaining, or getting employment.

**Categories:** Transportation

### A Different Way In Reading Center

First Reformed Church, 8 N. Church St, Schenectady, NY 12305

518-945-8842

**Website:** <http://adifferentwayin.weebly.com/>

**Description:** Serves children/teens who struggle with reading (particularly with dyslexia). Meets 3 days a week for 1 hour per session; three year commitment required. Small fee associated with program, based on a sliding scale.

**Categories:** Education, Youth

### Adirondack Mountain Club: Schenectady Chapter

518 383-3066

**Website:** <http://www.adk-schenectady.org/home>

**Description:** Organization dedicated to the protection and responsible recreational use of NYS wildlands and waters. Participate in recreational activities together, such as hiking, kayaking, backpacking, snowshoeing, etc. A youth section of this chapter also exists for individuals in their 20s and 30s.

**Categories:** Environment

### Adecco Employment Services

2160 Amsterdam Rd, Glenville, NY 12302  
518-930-0127

**Website:** <https://www.adeccousa.com/>

**Description:** Job staffing agency.

**Categories:** Employment

### Afghan Islamic Center

89 North Brandywine Ave, Schenectady, NY 12307  
518-374-2364

**Categories:** Minority Services

### Ahmadiyya Muslim Community Centre Albany Chapter

941 River Rd, Schenectady, NY 12306  
518-887-2859

**Website:** <https://www.facebook.com/TrueIslamAlbany/>

**Categories:** Minority Services

### A is for Amigos

Balltown Road, Niskayuna, NY, 12309  
518-504-0506

**Website:** <http://www.aisforamigos.com/>

**Description:** Offers Spanish workshops for youth in the community. Currently serves children in grades K-5.

**Categories:** Education

### **Albany Institute of History and Art**

125 Washington Avenue, Albany, NY 12210  
518-463-4478

**Hours:** Wed-Saturday, 10am-5pm (extended Thurs hours for free); Sunday 12-5pm

**Website:** <http://www.albanyinstitute.org/>

**Description:** Offers exhibits on a variety of topics – examples include Ancient Egypt, Rock and Roll History, and artists from the Capital Region. Part of the Schenectady County Public Library Museum Pass Program. Admission: Adults \$10, Students/Seniors \$8, Children 6-12 \$6, Children under 6 free. On Thursday nights, 5-8pm, admission is free. Also offers educational programs.

**Categories:** Community

### **Albany Memorial Hospital**

600 Northern Blvd, Albany, NY 12204  
518-964-6292

**Website:** [http://www.nehealth.com/Medical\\_Care/AMH/](http://www.nehealth.com/Medical_Care/AMH/)

**Description:** Sexaholics Anonymous group meets in the Conklin Meeting Room on Saturdays from 10:30-11:30 am. Meeting is Open. Free parking is available. For the Schenectady and Niskayuna group listing, please call.

**Categories:** Support Groups

### **Albany Pine Bush Preserve and Nature Center**

195 New Karner Rd #1, Albany, NY 12205  
518-456-0655

**Website:** <http://www.albanypinebush.org/>

**Description:** This 3,200 acre nature preserve offers recreational activities for all, including bird watching, hiking, and nature study. The Discovery Center nature center offers interactive exhibits and hands-on activities for the community, as well as education opportunities for school groups.

**Categories:** Environment, Youth

### **Albany Stratton VA Medical Center**

113 Holland Ave, Albany, NY 12208  
518-626-5000

**Website:** <http://www.albany.va.gov/>

**Description:** Medical for veterans.

**Categories:** Veterans

### **Albany Stratton VA Medical Center: Schenectady Community Based Outpatient Clinic**

1346 Gerling St, Schenectady, NY 12308  
518-346-3334

**Website:**

<http://www.albany.va.gov/locations/Schenectady.asp>

**Description:** Located in Sheridan Plaza. Medical for veterans.

**Categories:** Veterans

### **Alliance for Positive Health**

155 Erie Blvd, Schenectady, NY 12305  
518-346-9272

**Hours:** Mon-Fri, 8:30am-5pm

**Website:** <http://www.allianceforpositivehealth.org/>

**Description:** Organization dedicated to improving the lives of those impacted by HIV/AIDS or other chronic illnesses.

Services include case management, housing assistance, health insurance access, etc.

**Categories:** HIV/AIDS

### **Alpha Pregnancy Center**

967 Albany St, Schenectady, NY 12307  
518-688-2677

**Hours:** Mon 10:30am-4 pm; Tues-Thurs 10am-5 pm; Fri 12-4 pm

**Website:** <http://alphacare.org/>

**Description:** Provides assistance to pregnant women, especially those with unexpected pregnancies. Offers counseling services and parenting classes. Baby clothes/furniture available with certain number of classes. Walk-ins welcome.

**Categories:** Mental Health/Counseling, Family Planning/Pregnancy

### **Alternative Living Group, Inc.**

500 New Karner Rd # 3, Albany, NY 12205  
518-374-0053

**Website:** <http://alginc.org/>

**Description:** Residential services available for Albany/Schenectady Counties. Also offers after school respite in the Schenectady City School District.

**Categories:** Disabilities, Education, Homelessness/Housing

### **Alzheimer's Association Northeastern New York**

4 Pine West Plaza, Suite 405, Albany, NY 12205  
518-867-4999 or 1-800-272-3900

**Website:**

[http://www.alz.org/northeasternny/in\\_my\\_community\\_62706.asp](http://www.alz.org/northeasternny/in_my_community_62706.asp)

**Description:** Maintains updated information on home care, adult day care, care coordination, assisted living, skilled nursing facilities, eldercare lawyers and transportation available in the community. Offers support groups for those with Alzheimer's.

**Schenectady Support Groups:**

- 3<sup>rd</sup> Tues of the month, 6pm, @ Kingsway Manor (357 Kings Rd, Schenectady)
- 2<sup>nd</sup> Mon of the month, 6:30pm, @ Glenville Branch Library (20 Glenridge Rd, Glenville)
- 2<sup>nd</sup> Wed of the month, 6pm, @ Capital Living and Rehabilitation Nursing Center (526 Altamont Ave, Rotterdam)
- Last Wed of the month, 9:30am, @ St. Kateri

Tekakwitha Parish (1803 Union St, Niskayuna)

**Categories:** Health Care, Mental Health/Counseling, Support Groups

## **A Magic Kingdom**

2621 Consaul Rd, Schenectady, NY 12304  
518-382-5670

**Website:** <https://amagickingdomdaycareny.com/>

**Description:** Child care service for Schenectady, Colonie, Rotterdam, and Niskayuna.

**Categories:** Child Care

## **American Cancer Society**

1 Penny Ln, Latham, NY 12110  
518-220-6901

**Website:** <http://www.cancer.org/myacs/index>

**Description:** Transportation provided free of charge to cancer patients traveling to a cancer-related medical appointment; 4 business day advance notice required.

### Support Groups:

- Leukemia, lymphoma, Hodgkin's disease, Myeloma Support Group: 2nd Wed (888-955-4572)
- Bladder Cancer Support Group: Last Mon, 6:30pm
- Prostate Cancer Support Group: 3rd Wed, 6-8pm
- General Cancer Support Group: Tues 6-8pm
- Family & Caregiver Support Group: Tues 6-8pm
- Breast Cancer Support Group: 1st Thurs, 6-8pm
- Recurrence Support Group: Wed 6-8pm
- Kid's Club (for children/teens who have been touched by cancer, ages 4-18): 1st Tues 6-8pm

**Categories:** Health Care, Support Groups

## **The American Legion**

### Niskayuna Post

1809 Union St, Niskayuna, NY 12309  
518-382-1579

### Schenectady Post

718 Union St, Schenectady, NY 12305  
518-346-8014

**Hours:** 2<sup>nd</sup> Monday of the month, 7:00 pm

### Scotia Post

326 Glen Ave, Scotia, NY 12302  
518-377-6611

**Hours:** 2<sup>nd</sup> Tuesday of the month, 1:00 pm

**Website:** <http://www.legion.org/>

**Categories:** Veterans

## **The American Foundation for Suicide Prevention**

518-791-1544

**Website:** <https://afsp.org/chapter/afsp-capital-region-new-york/>

**Description:** Offers support groups around the Capital Region for those who have lost someone to suicide. Also hosts a Survivor Outreach Program, pairing up individuals who have lost someone to suicide in order to find peer-to-peer support. Also hosts an event annually called "Survivor Day."

**Categories:** Support Groups

## **Anchor Room**

2072 Curry Rd, Schenectady, NY 12303  
518-356-8300

**Description:** A free clothing room for Mohonasen youth. Located in the high school, though clothing is available for other ages. There is no limit on the amount of clothing youth can take. Hygiene products are also often available.

**Categories:** Clothing

## **Anger Management Online Class**

**Website:** [www.anger-management-classes.net](http://www.anger-management-classes.net)

**Description:** Anger management class which satisfied court/legal requirements. A certificate is granted to anyone who completes the course. Cost varies (\$55 minimum).

**Categories:** Domestic Violence, Reentry, Mental Health/Counseling

## **Animal Protective Foundation**

53 Maple Ave, Scotia, NY 12302  
518-374-3944

**Website:** <http://www.animalprotective.org/>

**Description:** Offers pet adoption, animal surrender, Canine Academy, and pet cremation services. Has a community spay/neuter clinic, which is paid for on an income-based payment program. Also offers a Pet Bereavement Group on the 3<sup>rd</sup> Wed of the month at 6pm.

**Categories:** Pets

## **Art in Mind Creative Wellness Studios**

272 Saratoga Road, Unit 3, Glenville, NY 12302  
518-477-3798

**Website:** <https://www.artinmindstudio.com/>

**Description:** Promotes wellness through art expression. Offers multiple types of classes (including a culinary class for youth). The studio offers programs for all ages.

**Categories:** Community, Youth

## **The Arts Center of the Capital Region**

265 River Street, Troy, NY 12180  
518-273-0552

**Website:** <https://www.artscenteronline.org/>

**Description:** Offers different types of art classes to the community, including painting/drawing, music, theatre, culinary, needle arts, etc.

**Categories:** Community

## **Associates in Mental Health and Neuropsychology**

2310 Nott St, Niskayuna, NY 12309  
518-372-6080

**Website:** <http://mentalhealth-neuropsychology.com/our-services/>

**Description:** Offers individual, group, and family therapy. Neuropsychological assessments available for children, adolescents, and adults.

**Categories:** Mental Health/Counseling

### **Athletic Haven**

P.O. Box 11524, Albany, NY 12211  
518-545-4876

**Website:** <http://www.athletichaven.org/>

**Description:** Offers free travel teams for youth, free monthly clinics, sports camps, and private lessons.

**Categories:** Youth

### **A Thousand Moms**

2367 Curry Rd, Schenectady, NY 12303  
518 322-0607

**Website:** <http://athousandmoms.org/>

**Description:** Advocates for LGBTQ+ youth in foster care/adoptive care.

**Categories:** LGBTQ+

### **Autism Society**

101 State St, Schenectady, NY 12307  
518-355-2191

**Website:** <http://www.albanyautism.org/Home.aspx>

**Description:** Resource hub for those with autism. Support groups for parents of autistic children, as well as autistic adults, once a month.

**Categories:** Disabilities, Support Groups

### **Awaken Church**

935 Balltown Rd, Niskayuna, NY 12309  
518-346-6814

**Website:** <http://www.awakenchurchny.org/>

**Description:** Offers two Alcoholics Anonymous meetings: Fri 8pm (Open, Big Book) and Mon 8pm (Open, Beginners)

**Categories:** Addiction

## **B**

### **B'nai B'rith House**

22 Knolls Rd, Schenectady, NY 12306  
518-346-8797

**Website:** <http://www.bnaibrith.org/housing-locations.html>

**Description:** Senior housing.

**Categories:** Seniors

### **Bellevue Preservation Association**

1911 Fairview Ave, Schenectady, NY 12306  
518-393-0403

**Hours:** 2<sup>nd</sup> Thurs of the month, 7pm

**Website:** <https://www.facebook.com/bellevuepreservationinc/>  
<http://www.cityofscheneectady.com/408/Neighborhood-Associations>

**Description:** Neighborhood association meets at St. Paul Episcopal.

**Categories:** Community

### **Bellevue Reformed Church**

2000 Broadway, Schenectady, NY 12306  
518-393-1341

**Website:** <http://bellevuereformed.org/>  
<http://scapny.org/headstart/>

**Description:** Runs multiple groups throughout the week: Celebrate Recovery (Christ-centered addiction recovery) on Mondays at 6:30pm; runs a Life without Co-Dependency Group, which meets the 2<sup>nd</sup> & 4<sup>th</sup> Tues of the month at 6pm; Greater Things Basketball Program runs Fridays at 7:30pm for youth.

**Categories:** Support Groups, Youth

### **Bellevue Women's Center**

2210 Troy-Schenectady Road, Niskayuna, NY 12309  
518-346-9400

**Website:** <http://www.ellismedicine.org/locations/bellevue-womans-center.aspx>

**Description:** An inpatient facility dedicated to the care of women and infants. OB/GYN services offered include breast care, surgery, gynecologic care and maternity.

**Categories:** Health Care

### **Belvedere Addictions Center: Outpatient Clinic**

1 Van Tromp St, Albany, NY 12207  
518-694-9400

**Hours:** Mon/Thurs/Fri 8am-4 pm; Tues/Wed 8am-7 pm

**Website:** <http://www.belvedereaddictionscenter.com/>

**Description:** Outpatient addiction clinic.

**Categories:** Addiction

### **Berkshire Farms**

Albany Office: 500 New Karner Rd., 3rd floor, Albany, NY 12205

518-456-1969

**Website:** <http://www.berkshirefarm.org/>

**Description:** Offers community-based programming and residential treatment for youth.

**Categories:** Addiction, Youth

### **Bethany Reformed Church**

760 New Scotland Ave, Albany, NY 12208  
518-482-7998

**Website:** <http://www.bethanyrc.org/>

**Description:** Hosts Nicotine Anonymous, Thurs 7:30pm (Open, Discussion).

**Categories:** Support Groups

### **Bethel AME Church**

540 Mumford St, Schenectady, NY 12307  
**Hours for NA:** Mon-Fri 8:30-10am

**Website:**

<https://www.facebook.com/groups/bethelschenectady/>

**Description:** Hosts a Narcotics Anonymous meeting 5 days a week; open meeting.

**Categories:** Addiction

## Bethesda House

834 State St, Schenectady, NY 12307  
518-374-7873

**Hours:** Mon-Fri, 9-11:30am & 1-4:30pm

**Website:** <http://www.bethesdahouseschenectady.org/>

**Description:** Offers a clothing room for adults only (one visit per month), free laundry services, housing assistance (help finding apartments, assistance with security deposit and eviction prevention), and National Grid assistance.

AIDS/HIV testing available on the 1<sup>st</sup> Mon of the month. Veteran's Resource center open Mon/Wed 1-4pm (assisting veterans with daily needs). Also provides two different food pantries to the community; Bethesda Food Pantry is the 2<sup>nd</sup>/3<sup>rd</sup> Tues of the month, 9:30-11:30am & 1-4:30pm. Free meal available Mon-Fri from 2:30-4pm.

### Support Groups

- Narcotics Anonymous: Mon/Wed/Fri 7-8:30pm (Wed women only), Saturday 10-11:30pm, Sunday 2-3:30pm; all open
- Women's Support Group: Thurs 11:30am-1pm (lunch provided)
- Men's Support Group: Thurs 11:30am-1pm (lunch provided; at State St. Presbyterian Church)

**Categories:** Addiction, Clothing, Community, Financial & Energy Assistance, Food Resources, Health Care, HIV/AIDS, Homelessness/Housing, Legal Assistance, Support Groups, Veterans

## Better Neighborhoods, Inc.

986 Albany St, Schenectady, NY 12307  
518-372-6469

**Website:** <http://better-neighborhoods.org/>

**Description:** Assists new homeowners and helps prepare individuals for buying a home. Provides homebuyer education and counseling. Also assists in foreclosure prevention.

**Categories:** Homelessness/Housing

## Big Brothers Big Sisters of the Capital Region

1698 Central Ave, Albany, NY 12205  
518-862-1250

**Website:** [www.bbbscr.org](http://www.bbbscr.org)

**Description:** Mentoring for youth (available in Schenectady County). Choose between a community-based program, where mentor and child go to different places in the community, and a site-based program at Union College, where children are paired with a college student and meet 12 times a year at the college.

**Categories:** Youth

## Birthright of Schenectady

518-370-1532

**Hours:** Mon-Fri, 10am-1pm

**Website:** <http://birthright.org/en/landingpage/lp-schenectady>

**Description:** Offers free baby/maternity clothes. A place of friendship and support for women.

**Categories:** Clothing, Community, Family Planning/Pregnancy

## Boulevard Neighborhood Association

1230 Rugby Rd, Schenectady, NY 12308  
518-831-0260

**Website:** [info@banaschenectady.org](mailto:info@banaschenectady.org)

**Hours:** 3<sup>rd</sup> Mon of the month at 7pm

**Website:** <http://banaschenectady.org/>  
<http://www.cityofscheneectady.com/408/Neighborhood-Associations>

**Description:** Neighborhood Association meets bi-monthly at Calvary Orthodox Presbyterian Church.

**Categories:** Community

## Boys Day Out

[boysdayout518@gmail.com](mailto:boysdayout518@gmail.com)

**Website:** <https://www.facebook.com/518BDO/>

**Description:** Provides positive male mentorship for Schenectady City boys (middle school aged – all middle schools in district). Runs programs such as: teen nights, annual conference, Boys Circles (once a week for ten weeks), summer events, Fly Write hip hop writing and music video creation, etc.

**Categories:** Youth

## Boys & Girls Club of Schenectady

### MLK Elementary Program

918 Stanley St, Schenectady, NY 12307  
518-898-5703

**Website:** <http://www.bgcschenectady.org/our-clubs>

**Description:** Programming for ages 6 to 12

**Categories:** Education, Youth

### Steinmetz Career and Leadership Academy Teen Program

880 Oakwood Avenue, Schenectady, NY 12303  
518-709-5015

**Website:** <http://www.bgcschenectady.org/our-clubs>

**Description:** Programming for ages 13+

**Categories:** Education, Youth

### Mont Pleasant Clubhouse

1104 Webster Street, Schenectady, NY 12303  
518-372-7040

**Hours:** Mon-Fri 2:00-6:30 pm (12 & under), 3:30-8:00pm (13+)

**Website:** <http://www.bgcschenectady.org/our-clubs>

**Description:** \$5 annual for membership to B&G Club. Offers after school programming for Schenectady youth. This clubhouse has a computer room, gameroom, kitchen, and a Teen Center (includes a Recording Studio).

**Categories:** Education, Youth

### Rotterdam Clubhouse

721 Curry Road, Rotterdam, NY 12306  
518-355-7440

**Hours:** Mon-Fri 2:30-8:00pm (12 & under), 2:30-9:00pm (13+), Sat 10:00am-4:00pm (all ages)

**Website:** <http://www.bgcschenectady.org/our-clubs>

**Description:** \$10 annual for membership. Offers after school

programming for Schenectady youth. Also offers free swimming lessons to all members, a basketball league for ages 4-16, a swim team, and multiple special events throughout the year. Free transportation provided from Schalmont and Mohonasen School Districts.

**Categories:** Education, Youth

#### Steinmetz Clubhouse

118 Henry St, Schenectady, NY 12304

518-372-3620

**Hours:** Mon-Fri 2:15-6:30 (12 & under), 2:15-8 (13+)

**Website:** <http://www.bgcschenectady.org/our-clubs>

**Description:** \$5 annual for membership to B&G Club. Offers after school programming for Schenectady youth. Focus for this clubhouse is on STEM education and introducing youth to science, math, and technology.

**Categories:** Education, Youth

#### Yates Clubhouse

2400 Van Vranken Ave, Schenectady, NY 12308

518-372-3583

**Hours:** Mon-Fri 2:15-6:30 (12 & under), 2:15-8 (13+)

**Website:** <http://www.bgcschenectady.org/our-clubs>

**Description:** \$5 annual for membership to B&G Club. Offers after school programming for Schenectady youth. This clubhouse has a computer lab, game room, art room, and a large Community Room (which serves as the gym). They are also adopting Steinmetz Park and will be beautifying the grounds.

**Categories:** Education, Youth

#### **Braman Food Pantry**

7963 State Route 30, Delanson, NY 12053

518-868-2047

**Hours:** Wed 5-7pm, Thurs 1-3pm

**Description:** Food pantry. If unable to make times listed, appointments can be made. There are no limits on number of visits.

**Categories:** Food Resources

#### **Bridge Christian Church**

735 Crane St, Schenectady, NY 12303

518-864-5849

**Website:** <http://bridgechristianchurch.com/>

**Description:** Offers free laundry services by appointment. Free community gym available: adults, Tues/Thurs 9am-12pm & 4-7pm; youth, Mon/Tues 6-7:30pm (for ages 10+). Food pantry available the 3<sup>rd</sup> Tues of the month from 4-6pm and the 3<sup>rd</sup> Saturday of the month 12-2pm (emergency cases can call for an appointment).

**Categories:** Clothing, Community, Food Resources, Youth

#### **The Bus Stop Club**

139 South Lake Ave, Albany, NY 12208

515 Loudon Rd, Loudonville, NY 12211

518-221-4402

**Website:** <http://www.busstopclub.com/>

**Description:** Free program for siblings (ages 7-15) of

chronically ill, mentally disabled, or physically handicapped children; meets monthly to share experiences, ask questions, and participate in fun, stress-relieving activities.

**Categories:** Disabilities, Support Groups, Youth

## **C**

#### **Calvary Tabernacle Church**

1840 Albany St, Schenectady, NY 12304

518-370-1010

**Website:** <http://caltab.church/#welcome>

**Description:** Offers a Christ-centered recovery group called Celebrate Recovery on Mon 6:30pm.

**Categories:** Support Groups

#### **Campbell House**

101 State St, Schenectady, NY 12307

518-346-0762

**Website:** <http://www.capitaldistrictaba.com/>

<http://www.campbellhousepsych.com/>

**Description:** Offers multiple psychological services. Offers a Social Skills Group for autistic children on Wed 5-6pm (ages 7-10) and Fri 5:30-6:30pm (ages 5-6). Contact for pricing.

**Categories:** Mental Health/Counseling

#### **Capital Church**

31 Vly Rd, Colonie, NY 12205

518-456-3022

**Website:** <http://capitalchurchny.org/directions-service-times/>

**Description:** Hosts a Nar-Anon Family Group on Tuesdays at 7pm.

**Categories:** Addiction

#### **Capital Counseling**

670 Franklin St, Schenectady, NY 12305

518-462-6531

**Website:** <http://capitalcounseling.org/capital-counseling-schenectady/>

**Description:** Covers a wide variety of counseling topics; accepts Medicaid/Medicare/Fidelis.

**Categories:** Mental Health/Counseling

#### **Capital District Center for Independence**

105 Jay St, Schenectady, NY 12305

518-459-6422

**Website:** <http://www.cdciweb.com/>

**Description:** Satellite office in Schenectady City Hall, Rm 2. Provides services for people with disabilities, including housing assistance, reentry help, navigating the system, help applying for federal assistance, employment readiness, healthy living workshops, and assistance developing independent living skills. Support groups available at the Albany location.

**Categories:** Disabilities, Food Resources, Homelessness/Housing, Mental Health/Counseling, Reentry,



Seniors, Support Groups, Veterans, Youth

### **Capital District Child Care Council**

91 Broadway, Menands, NY 12204  
518-426-7181

**Website:** <http://www.cdcccc.org/>

**Description:** Hub of child care services in the area; can call or check online to find appropriate child care that will fit your needs. Also offers trainings for organizations that work with child/families. In mid-March, posts list of summer camps for children in the capital region.

**Categories:** Child Care, Education, Youth

### **Capital District Developmental Disabilities Service Office**

500 Balltown Rd, Schenectady, NY 12304  
518-370-7370

**Website:** <https://opwdd.ny.gov/>

**Description:** Coordinates services for people with developmental or intellectual disabilities.

**Categories:** Disabilities, Government

### **Capital District Educational Opportunity Center**

431 River St, Troy, NY 12180  
518-273-1900

**Website:** <http://www.hvcc.edu/eoc/index.html>

**Description:** Free educational/vocational training for individuals (free of cost, if qualified).

**Categories:** Education

### **Capital District Humane Association**

[jenpolit@ gmail.com](mailto:jenpolit@ gmail.com)

**Website:** <http://www.cdha.net/>

**Description:** Offers multiple pet services (spay/neuter, adoption, pet surrender, etc.).

**Categories:** Pets

### **Capital District Mamas**

[cdmamas.organizer@gmail.com](mailto:cdmamas.organizer@gmail.com)

**Website:** <https://www.meetup.com/CDMAMAS/>

**Description:** A group of mothers in the capital district who share information and offer support to one another. Offers a number of events for mothers and children. Annual membership dues are \$15.

**Categories:** Community, Family Planning/Pregnancy

### **Capital District Psychiatric Center**

75 New Scotland Ave, Albany, NY 12208  
518-549-6000

**Website:** <https://www.omh.ny.gov/omhweb/facilities/cdpc/>

**Description:** Offers inpatient psychiatric treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses. Outpatient treatment also available.

**Categories:** Mental Health/Counseling

### **Capital Job Development Group**

518-290-0814

**Website:** <https://capitaljobdevelopmentgroup.org/>

**Description:** Offers free job fairs in Schenectady.

**Categories:** Employment

### **Capital Region BOCES**

900 Watervliet-Shaker Rd, Albany, NY 12205  
518-464-3944

**Website:** <http://capregboces.org/>

**Description:** Provides CAPIT Program, substance abuse prevention for children. Teen Intervene program available. Has list of TASC/ESL classes in the area, call (518-862-4707) for times and locations

**Categories:** Addiction, Education

### **Capital Region Furniture Bank**

5 Anderson Dr, Albany, NY 12205  
518-612-BANK

**Website:** <http://capitalregionfurniturebank.org/>

**Description:** Free furniture available.

**Categories:** Homelessness/Housing

### **Capital Region Language Center**

24 Aviation Rd. Suite 100, Albany, NY 12205  
518-729-5407

**Hours:** Mon-Fri, 9:30am-3pm

**Website:** <http://crlcalbany.org/>

**Description:** A full service language education center which offers 12 different languages for individuals to learn. Offers ESL classes, as well.

**Categories:** Education

### **Catholic Charities Care Coordination Services**

100 Slingerland St, Albany, NY 12202  
518-449-3581

**Hours:** Mon-Fri, 8:30-4:30 pm

**Website:** <http://cccarecoordination.org/>

**Categories:** HIV/AIDS

### **Catholic Charities Senior Services**

1473 Erie Blvd, Schenectady, NY 12305  
518-372-5667

**Website:** <http://ccseniorservices.org/>

**Description:** Offers services to seniors in the capital region. Runs a Meals on Wheels program (hot lunch, boxed dinner; donation suggested but not required). Also assists with meals on Thanksgiving and Christmas. Assists seniors with multiple aspects of daily living, including resource navigation, SNAP assistance, health insurance assistance, and legal assistance.

**Categories:** Food Resources, Legal Assistance, Seniors

### **CDTA Star Program**

518-482-2022

**Website:** <http://www.cdta.org/star-program/56>

**Description:** Provides transportation for those with impairments/disabilities that prevent the use of the normal

CDTA bus. Operates within ¾ of a mile of the fixed bus route.

**Categories:** Disabilities, Transportation, Seniors

### Center City

433 State St, Schenectady, NY 12305

**Website:**

<http://schenectadywrec.ss12.sharpschool.com/cms/One.aspx?portalId=415201&pageId=793954>

**Description:** Offers a TASC (GED) class on Mon/Wed from 5:30-8:30pm on the Second Floor, Room 219. Alcoholics Anonymous meeting meets on Sundays at 10am (open, beginners). This meeting is wheel chair accessible. Enter on Franklin St.

**Categories:** Addiction, Education

### Center for Autism and Related Disabilities (CARD)

University at Albany, 1535 Western Avenue, Albany, NY 12203

518-442-2574

**Website:** <http://www.albany.edu/autism/>

**Description:** Resource center for school personnel, families members, and community professionals that live and/or work with individuals ages 4-21 with Autism Spectrum Disorder. Provides diagnostic evaluations to individuals suspected of having autism. Also offers Professional Development and Parent Seminars, as well as a Parent Education program.

**Categories:** Disabilities

### The Center for Community Justice

144 Barrett St, Schenectady, NY 12305

518- 346-1281

**Website:** <http://www.theccj.org/>

**Description:** Offers job skill training for those re-entering society.

**Categories:** Reentry

### Central Park

500 Iroquois Ln, Schenectady, NY 12309

**Website:** <http://ccschenectady.org/agriculture/roots-wisdom>

**Description:** Park available to the community (pool, play sets, etc. available)

**Categories:** Youth

### Center for Solutions

1758 Union St, Niskayuna, NY 12309

518-982-1274

**Website:** <http://www.center4solutions.org/>

**Description:** Provides mental health services to the community, including psychotherapy, medication evaluation/management, anger management counseling, mental health assessments, and substance abuse evaluations.

**Categories:** Mental Health/Counseling

### Central State Street Neighborhood Association

600 McClellan St, Schenectady, NY 12304

518-860-6320

[lindacrاندallkelleher@aol.com](mailto:lindacrاندallkelleher@aol.com)

**Hours:** Last Tues of the month, 6:30pm

**Website:** <https://www.facebook.com/Central-State-Street-Neighborhood-Association-of-Schenectady-479452782122241/>

<http://www.cityofschenectady.com/408/Neighborhood-Associations>

**Description:** Neighborhood association meets at the Walt Robb Auditorium on the Ellis-McClellan Campus.

**Categories:** Community

### Children's Museum of Science and Technology

250 Jordan Road, Troy, NY 12180

518-235-2120

**Website:** <http://www.cmost.org/index.php>

**Description:** A Museum in Troy focused on showing youth the fun and excitement of science and technology. Runs school-break programs. Admission is \$5 per person; children under 2 are free.

**Categories:** Community, Youth

### Christ Church Episcopal

970 State St, Schenectady, NY 12307

518-374-3064

**Website:** <http://christchurchschenectady.org/>

**Description:** Offers a free meal the last Sunday of the month from 1:30-2:30pm. Hosts a Narcotics Anonymous Group on Thursdays from 7-8:30pm (open, wheel chair accessible).

**Categories:** Addiction, Food Resources

### Christ Episcopal Church

132 Duaneburg-Churches Rd, Duaneburg, NY 12056

**Website:** <http://www.christchurchduaneburg.org/>

**Description:** Hosts Alcoholics Anonymous meetings throughout the week: Tues 7:30pm (Closed, Steps); Mon/Thurs/Sat 7:30pm (Open, Discussion); Thurs 7:30pm (Open, Discussion, Women Only). All meetings are wheel chair accessible.

**Categories:** Addiction

### City Life Center

550 Ontario St, Schenectady, NY 12306

518-533-3617

**Website:** <http://www.yfc.net/>

<https://www.facebook.com/profile.php?id=100010574891349&fref=ts>

**Description:** Offers a Middle/High School Group (11-19 years old) on Tues 6:30pm at Bellevue Reformed Church (2000 Broadway); consists of group games in the gym and Bible-based discussion. Also offers an Elementary School Group (2<sup>nd</sup>-5<sup>th</sup> grade) on Wed 2:30-4pm at the City Life Center; consists of homework help, games, arts/crafts, video games, etc. During the summer, hosts weekly events for youth. Attends two different conferences throughout the year (Excel, Breakout), as well.

**Categories:** Youth

### **City Mission**

425 Hamilton St, Schenectady, NY 12305  
518-346-2275

**Website:** <http://citymission.com/>

**Description:** Offers transitional housing for men/women who graduate from the Bridges to Freedom program. In August, offers free backpacks and school supplies to community members. Hosts a 12 month addiction freedom program (Bridges to Freedom).

**Categories:** Addiction, Education, Homelessness/Housing

### **City Mission Dining Center**

512 Smith St, Schenectady, NY 12305  
518-346-2275

**Website:** <http://citymission.com/>

**Description:** Offers free community dinner Mon-Fri at 5:45pm and Saturday at 3pm. Bag lunches available Sunday 3-3:30pm. Provides Thanksgiving/Christmas meals. Sandwiches available all day at the 425 Hamilton St Entrance. Also offers at free medical clinic on Tuesdays at 6pm at the Dining Center.

**Categories:** Food Resources, Health Care

### **City Mission Family Life Center**

311 Clinton St, Schenectady, NY 12305  
518-346-2275 (ext. 324)

**Website:** <http://citymission.com/project/provide-shelter/>

**Description:** Shelter for women and children only; provides 35 beds.

**Categories:** Homelessness/Housing

### **City Mission Men's Shelter**

427 Hamilton St, Schenectady, NY 12305  
518-346-2275 (ext. 312)

**Website:** <http://citymission.com/project/provide-shelter/>

**Description:** Shelter for men only; provides 76 beds.

**Categories:** Homelessness/Housing

### **City Mission Reentry Peer Support Group**

313 Clinton Ave, Schenectady, NY 12305  
518-414-0633

**Hours of Support Group:** Tues 2-3pm

**Website:** <http://citymission.com/>

**Description:** Support for individuals attempting to re-enter society after time in jail or prison.

**Categories:** Reentry, Support Groups

### **City Mission Thrift Store**

416 Saratoga Rd, Glenville, NY 12303  
518-399-0917

**Hours:** Mon-Fri 9am-5pm, Saturday 9am-3pm

**Website:** <http://citymission.com/>

**Description:** Offers clothing for low cost.

**Categories:** Clothing

### **Community Fathers, Inc.**

120 Emmons St, Schenectady, NY 12304

518-346-7546

**Website:** <http://www.communityfathersinc.org/>

**Description:** An organization of fathers in the community. Offers a support group for fathers, a reentry program, and a high school program for young fathers in the Schenectady School District. Offers mentorship for young fathers. Hosts a Domestic Violence Offender Accountability Program Tuesdays from 6-7:30pm (court mandate only). Also provides a free legal clinic the 3<sup>rd</sup> Tues of the month.

**Categories:** Domestic Violence, Family Planning/Pregnancy, Legal Assistance, Reentry, Support Groups, Youth

### **Community Gardens**

#### **Capital Roots Gardens**

Craig & Wyllie: 993 Craig St, Schenectady, NY 12307

Cutler Street: 1451-1499 6<sup>th</sup> Ave, Schenectady, NY 12303

Mumford Street: 421 Mumford St, Schenectady, NY 12307

Steinmetz Park: 1104 Hendrickson Ave, Schenectady, NY 12309

Vale Neighborhood: 5 Barney St, Schenectady, NY 12307

Wabash Ave: 2001 Wabash Ave, Schenectady, NY 12306  
518-274-8685

**Website:**

<http://www.capitalroots.org/programs/community/map-of-gardens/>

**Description:** Offers garden plots for \$30 a year.

**Categories:** Food Resources

#### **SICM Garden**

333 Hulett St, Schenectady, NY 12307

518-346-4445

**Website:** <http://www.sicm.us/>

**Description:** Offers a community garden plot (5' by 10' plot) for \$5. Offers assistance along the way with the gardening process.

**Categories:** Food Resources

### **Community Hospice**

445 New Karner Road, Albany, NY 12205  
518- 724-0200

**Website:** <http://www.communityhospice.org/>

**Description:** Offers support for seriously ill individuals/families.

**Categories:** Health Care

### **Community Human Services**

543 Saratoga Rd, Glenville, NY 12302  
518-399-4624

**Website:** <http://www.chsny.org/>

**Description:** Offers youth services, family support, respite, and skill-building services. For youth, offers a job match and employment skills program. AA Meeting held Fridays at 6pm (open, discussion, wheel-chair accessible).

**Categories:** Addiction, Employment, Mental Health/Counseling, Youth

### **Community Land Bank**

433 State Street, 4th Floor, Schenectady, NY 12305

518-377-1109 x7

**Website:** <http://capitalregionlandbank.com/>

**Description:** Works to strengthen neighborhoods by revitalizing homes that can be saved and demolishing homes that cannot. Works with organizations in the community to address the abandoned and condemned building issue in Schenectady.

**Categories:** Community

### **Community Land Trust**

1677 Van Vranken Ave, Schenectady NY 12308

518-372-7616

**Website:** <http://www.cltofschdy.org/>

**Description:** Seeks to assist the community of Schenectady in finding and investing in long-term affordable housing. Offers grants to assist current homeowners with repairs (specific grants available for seniors 60+). Rental units are available in the city of Schenectady. Offers a home buyer driven program to assist potential homeowners in finding a house that is affordable. Also offers a Ready to Rent program for individuals, a six week program that assists with budgeting, finances, how to communicate with landlords, etc. Individuals who complete the program are given a certificate of completion, which can help when attempting to find an apartment to rent.

**Categories:** Financial & Energy Assistance, Homelessness/Housing, Seniors

### **Community Loan Fund**

255 Orange St, Suite #103, Albany, NY 12210

920 Albany St, Schenectady, NY 12307

518-436-8586

**Website:** <http://mycommunityloanfund.org/>

**Description:** Provides funding, training, and technical assistance to nonprofits and small businesses throughout the Capital Region.

**Categories:** Financial & Energy Assistance

### **Comprehensive Care Center for Eating Disorders of Northeastern NY**

25 Hackett Blvd, Schenectady, NY 12208

518-262-5299

**Website:** <http://www.amc.edu/patient/services/necccd/>

**Description:** Eating disorder organization located at the Albany Medical Center South Clinical Campus (3<sup>rd</sup> Floor).

**Categories:** Mental Health/Counseling

### **Concerned for the Hungry**

1252 Albany St, Schenectady, NY 12304

518-372-9881

**Website:** <http://www.concernedforthehungry.org/>

**Description:** Serves a large number of residents of Schenectady a Thanksgiving dinner.

**Categories:** Food Resources

### **Congregation Agudat Achim**

2117 Union Street, Schenectady, NY 12309

518-393-9211

**Website:** <http://www.agudatachim.org/>

**Description:** Synagogue

**Categories:** Minority Services

### **Congregation Beth Israel**

2195 Eastern Parkway, Schenectady, NY 12309

518-377-3700

**Website:** <http://www.bethisraelschenectady.com/#>

**Description:** Synagogue

**Categories:** Minority Services

### **Congregation Gates of Heaven**

852 Ashmore Avenue, Schenectady, NY 12309

518-374-8173

**Website:** <http://www.cgoh.org/>

**Description:** Synagogue

**Categories:** Minority Services

### **Conifer Park**

79 Glenridge Rd, Cottage 1, Glenville, NY 12302

Tool Free: 1-800-989-6446

In-Patient: 518-399-6446

Out Patient: 518-372-7031

**Website:** <http://www.coniferpark.com/>

**Description:** Organization that focuses on addiction recovery. Holds an Alcoholics Anonymous Group Mondays at 7:15pm in the "D" Wing (open, discussion).

**Categories:** Addiction

### **Conifer Park: Outpatient Clinic**

600 Franklin St, Suite 204, Schenectady, NY 12305

1-800-989-6446

518-372-7031

**Website:** <http://www.coniferpark.com/schenectady-outpatient-clinic>

**Description:** Outpatient clinic for individuals seeking addiction recovery. Holds an Alcoholics Anonymous Group Tuesdays at 5:45pm on the 2<sup>nd</sup> floor (open).

**Categories:** Addiction

### **Cornell Cooperative Extension**

107 Nott Terrace, Schenectady, NY 12308

518-372-1622

**Website:** <http://cceschenectady.org/>

**Description:** This organization morphs and grows based on community need and interest. Some programs currently running include the Expanded Food and Nutrition Program for low income families and youth (held at various locations), Healthy Schenectady Families, a home-visiting education program about parenting/nutrition for pregnant or newly parenting individuals (must be a Schenectady resident; no income eligibility requirements), and Nutrition Education for Seniors, hosted for seniors participating in meal programs and offered on a bi-monthly basis. Runs a number education classes about nutrition throughout the area, as well.

**Categories:** Family Planning/Pregnancy, Food Resources

## **CREATE Community Studios**

137 State St, Schenectady, NY 12305

518-348-9290

**Website:** <http://www.createcommunitystudios.org/>

**Description:** Offers art therapy programs and different art classes. Organizations can also contact to set up different programs for their clients.

**Categories:** Community, Mental Health/Counseling, Veterans, Youth

## **Crossroads Center for Children**

1136 N Westcott Rd, Suite 100, Schenectady, NY 12306

518-280-0083

**Hours:** Mon-Fri, 9am-2:30pm

**Website:** <http://crossroadcenter.org/>

**Description:** Offers a pre-school program, special education, and summer programs for youth with disabilities. Provides wrap-around care for children that need it (must pay out-of-pocket, but the day can extend to 7am-5:30pm if needed). Through insurance companies, offers ABA Therapy in-home for children with disabilities. Also offers parent trainings/workshops to the community on a bi-monthly basis.

**Categories:** Disabilities, Education

## **Cystic Fibrosis Foundation: Northeastern NY Chapter**

455 Patroon Creek Blvd, Albany, NY 12206

518-453-3583

**Website:** <https://www.cff.org/NortheasternNY/>

**Description:** A foundation which informs people with cystic fibrosis on how to deal with the disease and navigate the health care system.

**Categories:** Health Care

## **D**

### **Dance Force**

2235 Upper Broadway, Schenectady, NY 12306

518-382-8480

**Hours:** Mon-Thurs, 4-7 pm, Saturday 9am-11:30 pm

**Website:** <http://www.danceforceinc.com/>

**Description:** Offers multiple kinds of dance classes, including: Tap, Jazz, Ballet, Hip Hop, Lyrical/Modern, Gymnastics, Zumba, and Barre Flow.

**Categories:** Community

### **Dance Me, LLC**

1619 Union St, Niskayuna, NY 12309

126 Saratoga Rd, Glenville, NY 12302

518-836-5102

**Website:** <http://www.dancemeschool.com/>

**Description:** Dance school that offers classes from age 2-adulthood.

**Categories:** Community

### **The Dapper Man Program**

[dappermanprogram@gmail.com](mailto:dappermanprogram@gmail.com)

**Website:**

[https://www.facebook.com/pg/dappermanprogram/about/?ref=page\\_internal](https://www.facebook.com/pg/dappermanprogram/about/?ref=page_internal)

**Description:** An organization that works with the City Mission to provide men with professional clothing for job interviews and work.

**Categories:** Clothing

### **Darul Taqwah**

1214 State St, Schenectady, NY 12304

518-374-1839

**Description:** Mosque

**Categories:** Minority Services

### **Delanson Village Hall**

1797 Main St, Delanson, NY 12053

518-895-2199

**Website:** <https://www.delanson.net/>

**Description:** Includes aspects such as zoning board of appeals and water department. Town board meeting held the 2<sup>nd</sup> Monday of the month at 7pm.

**Categories:** Government

### **Depression Support Group of Albany**

**Website:** <http://www.meetup.com/Depression-Albany/>

**Description:** Offers support groups and social events for those struggling with depression; contact for more information (through website).

**Categories:** Support Groups

### **Double H Ranch**

97 Hidden Valley Road, Lake Luzerne, NY 12846

518-696-5676

**Website:** <http://www.doublehbranch.org/>

**Description:** Summer camp and additional programs for children with life-threatening illnesses. All programs are free of charge.

**Categories:** Health Care, Youth

### **Downtown Schenectady Improvement Corp**

143 State St, Schenectady, NY 12305

518-377-9430

**Website:** <http://downtownschenectady.org/>

<http://www.cityofschenectady.com/408/Neighborhood-Associations>

**Description:** Dedicated to working on the improvement of downtown Schenectady. For meeting times, please call number above.

**Categories:** Community

### **Dream Again Basketball**

433 State St, Schenectady, NY 12305

518-860-3507

**Website:** <https://www.facebook.com/Dream-Again-Basketball-League-804467256295648/>

**Description:** Free basketball program for youth in Schenectady. Runs over the summer; youth attend once a week for 3 hours. Travel team runs throughout the year, as well.

**Categories:** Youth

### **Duanesburg Historical Society**

Bishop Scully Hall, 1735 Alexander Road, Delanson, NY 12053

**Website:** <http://www.duanesburghistorical.com/>

**Description:** Runs programs in the community celebrating the history of Duanesburg.

**Categories:** Community

### **Duanesburg/Princetown Summer Park Program**

Park Rd, Duanesburg, NY 12056

518-506-8412

**Hours:** Mon- Fri, 9am-12pm

**Website:** <http://www.duanesburg.net/>

**Description:** For elementary/middle school children @ Van Patten Mill Park. Parents are encouraged to stay. Contact Vanessa Baker for more information.

**Categories:** Youth

### **Duanesburg Town Hall**

5853 Western Turnpike, Duanesburg, NY 12056

518-895-8920

**Website:** <http://www.duanesburg.net/>

**Description:** Oversees town departments and shares information about upcoming events. Town Board Agenda Meeting held the 1<sup>st</sup> Thursday of the month at 7pm; Regular Meeting the 2<sup>nd</sup> Thursday of the month at 7pm.

**Categories:** Government

### **Duanesburg YMCA/Senior Community Center**

221 Victoria Dr, Delanson, NY 12053

518-895-9500

**Website:** <http://cdymca.org/locations/duanesburg-ymca/>  
[http://www.rcda.org/churches/OurLadyOfFatima/seni-or\\_dining\\_center.html](http://www.rcda.org/churches/OurLadyOfFatima/seni-or_dining_center.html)

**Description:** YMCA offers activities for youth. For seniors, low cost meal available Mon/Wed/Fri at 12pm (suggested donation of \$3.25)

**Categories:** Food Resources, Seniors, Youth

## **E**

### **Early Childhood Education Center**

517 Bradt St, Schenectady, NY 12306

518-357-0095

**Hours:** Mon-Fri, 8:45-1:15 pm

**Website:** <http://www.ececnny.org/>

**Description:** Education program for children 3-5 years old who have a disability

**Categories:** Disabilities, Education

### **East Front Street Neighborhood Association**

1473 Erie Blvd, Schenectady, NY 12305

518-372-0036

**Website:** [cruscitto@aol.com](mailto:cruscitto@aol.com)

**Hours:** 4<sup>th</sup> Wed of the month, 7pm

**Website:**

<http://www.cityofscheneectady.com/408/Neighborhood-Associations>

**Description:** Neighborhood association meets in the Legere building.

**Categories:** Community

### **Eastern Ave Neighborhood Association**

600 McClellan St, Schenectady, NY 12304

518-986-0959

**Website:** [rlharvey44@hotmail.com](mailto:rlharvey44@hotmail.com)

**Hours:** Last Tues of the month, 6:30pm

**Website:**

<http://www.cityofscheneectady.com/408/Neighborhood-Associations>

**Description:** Meets in the Walt Robb Auditorium at the Ellis McClellan Campus. No December, July, or August meetings.

**Categories:** Community

### **Eastern Parkway United Methodist Church**

943 Palmer Ave, Schenectady, NY 12309

518-374-4306

**Website:** <http://easternparkwayumc.com/>

**Description:** Hosts an Overeaters Anonymous Meeting on Fridays at 6pm (open, literature study, wheelchair accessible).

**Categories:** Support Groups

### **Easton Mountain**

391 Herrington Hill Road, Greenwich, NY 12834

518-692-8023

**Website:** <http://www.eastonmountain.org/>

**Description:** Offers different retreat opportunities for LGBT individuals (scholarships available on a limited basis by application). Art in the Woods retreat available for homeless/at-risk LGBTQ youth for free. Also hosts a free Leadership Academy for at-risk youth.

**Categories:** LGBTQ+, Youth

### **ECOS: The Environmental Clearinghouse**

2682 Aqueduct Rd, Niskayuna, NY 12309

518-370-4125

**Website:** <http://www.ecosny.org/>

**Description:** Hosts weekly Tuesday morning nature walks in different areas of the Capital Region, takes field trips, and offers environmental classes for children and adults.

**Categories:** Environment

## Electric City Co-Op

518-522-9201

**Website:** <http://www.electriccityfood.coop/>

**Description:** Currently attempting to gain enough members to create a co-op, this organization wants to create a grocery store in downtown Schenectady. The location has not yet been decided for the market.

**Categories:** Food Resources

## Ellis Hospital

1101 Nott St, Schenectady, NY 12308

Main Number: 518-243-4000

Information: 518-243-4366

Emergency: 518-243-4121

**Website:** <http://www.ellismedicine.org/>

**Description:** Emergency, inpatient, and psychiatric care. Crisis Information and Referral Hotline open 24/7.

**Categories:** Addiction, Family Planning/Pregnancy, Food Resources, Health Care, Mental Health/Counseling

## Ellis Medical Home

600 McClellan St, Schenectady, NY 12304

855-204-0888

**Website:** <http://www.ellismedicine.org/medical-home/default.aspx>

**Description:** Offers medical services. Care Central Program includes wrap around services for individuals. At the hospital, a free tax prep program is run (need to have: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms)

**Categories:** Financial & Energy Assistance, Health Care, Homelessness/Housing, Mental Health/Counseling, Veterans

## Ellis Medicine: Child & Adolescent Treatment Services

624 McClellan St, Schenectady, NY 12304

518-382-2290

**Website:** <http://www.ellismedicine.org/services/mental-health.aspx>

**Description:** A safe environment for children seeking mental health treatment.

**Categories:** Mental Health/Counseling

## Ellms Farm

448 Charlton Rd, Ballston Spa, NY 12020

518-884-8168

**Hours:** Wed-Fri 10am-1pm; Sat/Sun 10am-6pm (in season only)

**Website:** <http://www.ellmsfarms.com/>

**Description:** Offers a number of fun activities for youth/families.

**Categories:** Youth

## Emma Treadwell Thacher Nature Center

87 Nature Center Way, Voorheesville, NY 12186

518-872-0800

**Website:** <https://parks.ny.gov/environment/nature-centers/8/details.aspx>

**Description:** Located inside of Thacher Park, the nature center offers exhibits, interactive displays, trails, and educational programs for the community year round.

**Categories:** Environment, Youth

## Emmanuel Friedens Church

218 Nott Terrace, Schenectady, NY 12307

518-374-4114

**Website:** <http://emmanuelfriedens.org/>

**Description:** Hosts two Narcotics Anonymous groups: Courage to Change on Sundays 7-8:30pm (open, steps, tradition); Midday Recovery on Wed/Thurs 1-2:30 (open). Also hosts a free community meal on the last Saturday of the month from 10-11am. This is an open and affirming church for the LGBTQ+ community.

**Categories:** Addiction, Food Resources, LGBTQ+

## Empire State Aerosciences Museum

250 Rudy Chase Drive, Glenville, NY 12302

518-377-2191 ext. 10

**Hours:** Saturday/Sunday 10am-4pm

**Website:** <http://www.esam.org/>

**Description:** Admission to the museum: Adults \$8, Children (6-16) \$6, Children under 6 free. Part of the Schenectady County Public Library Museum Pass Program.

**Categories:** Community, Youth

## Epilepsy Foundation Northeastern New York

3 Washington Square, Albany, NY 12205

518-456-7501

**Website:** <http://www.epilepsy.com/local/northeastern-new-york>

**Description:** Provides advocacy, counseling, information/referral, support groups, etc. Offers a Teen To Teen support group for teens 13-19 with epilepsy, as well as an adult support group for individuals 20+ with epilepsy.

**Categories:** Health Care, Support Groups

## Equinox

362 State St, Albany, NY 12210

518-434-6135

**Website:** <http://www.equinoxinc.org/index.php>

**Description:** Offers a Chemical Dependency Counseling Center for both youth and adults, free domestic violence services for victims and their dependent children, including case management, a shelter, and transitional housing, and counseling available for adults (18+) struggling with mental illness. Great Finds: Thrift boutique which serves as a vocational training center for women. Thanksgiving Meal: Offered through the First Pres Church in Albany, serving meals up to 40 miles away. Must call between Oct and Thanksgiving.

**Categories:** Addiction, Domestic Violence, Employment, Food Resources, HIV/AIDS, Mental Health/Counseling, Youth

## Eyes Wide Open NENY

1775 Van Vranken Ave, Schenectady, NY 12308  
518-937-3976

**Website:** <http://eyeswideopenneny.org/>

**Description:** Her Treasure Box: an arts and crafts thrift store run to raise awareness of sex trafficking. Low-cost arts/crafts items available. Offers free art classes to the community, as well as a safe space for people to sit and talk.

**Categories:** Community, Sexual Assault

## F

### Families Work Program

945 Palmer Ave, Schenectady, NY 12309  
518-346-1285 (ext. 7516)

**Website:** <http://www.neparentchild.org/program/families-work/>

**Description:** Offers domestic violence education and training.

**Categories:** Domestic Violence

### Family and Child Service of Schenectady

246 Union St, Schenectady, NY 12305  
518-393-1369

**Website:**

[http://www.familyandchildservice.com/?\\_sm\\_au\\_=-iVVMN61JWRj7TPP7](http://www.familyandchildservice.com/?_sm_au_=-iVVMN61JWRj7TPP7)

**Description:** Offers Medicaid service coordination, family/caregiver support services, family therapy, a yearlong employment program, the homemaker program (long term care assistance – house cleaning, medication management, etc.), and counseling services.

**Categories:** Disabilities, Mental Health/Counseling, Seniors

### Farm to Preschool I Farmer's Market

44 Washington Ave, Schenectady, NY 12305

**Hours:** Tues 2:30-5:30 pm, June 14- Sept 27

**Description:** Farmer's market run out of the YWCA.

**Categories:** Food Resources

### Farm to Preschool II Farmer's Market

125 Bigelow Ave, Schenectady, NY 12304

**Hours:** Thurs 2-5pm, June-Sept.

**Categories:** Food Resources

### Father Leo O'Brien Senior Community

3151 Marra Ln, Schenectady, NY 12303  
518-357-4424

**Website:** <http://www.depaulhousing.com/communities.htm>

**Description:** Senior housing development.

**Categories:** Seniors

### Fire Dance Fitness

446 Saratoga Rd, Glenville, NY 12302

518-557-2326

**Website:** <http://www.firedancefitness.com/home.html>

**Description:** Offers multiple kinds of dance classes, including ballroom, line dancing, Zumba, yoga, and pilates.

**Categories:** Community

### First Church of the Nazarene

2535 Consaul Rd, Schenectady, NY 12304  
518-372-0445

**Hours of Group:** Mon 6:30pm

**Website:** <http://schenectadynazarene.org/>

**Description:** Offers an Alcoholics Anonymous group (open, discussion)

**Categories:** Addiction

### First Reformed Church

8 N. Church St, Schenectady, NY 12305  
518-377-2201

**Website:** <https://www.1streformed.com/>

**Description:** Open and affirming church for LGBTQ individuals. Also hosts a Gambler's anonymous group Mondays 6:30-8pm (open).

**Categories:** Support Groups, LGBTQ+

### First Unitarian Universalist Society of Schenectady

1221 Wendell Ave, Schenectady, NY 12308  
518-374-4446

**Website:** <http://uuschenectady.org/>

**Description:** An LGBTQ+ welcoming faith community. A support group offered at this location through the Pride Center the 2<sup>nd</sup> Tues of the month at 7pm for family and friends of LGBTQ people.

**Categories:** LGBTQ+

### First United Methodist Church

603 State St, Schenectady, NY 12305  
518-374-4403

**Website:** <http://fumcschenectady.org/>

**Description:** Provides a free community meal Sundays from 8:30-9:30am (except for the 1<sup>st</sup> Sunday of the month). Also offers three free concerts annual to the community, normally in Oct, March, May.

#### AA Groups:

- Mon 8am (Open, Big Book)
- Tues 8am (Open, Discussion)
- Wed 8am (Closed, Steps, Traditions)
- Thurs 8am (Open, Discussion)
- Fri 8am (Open, Beginners, Anniversary)
- Saturday 7:30pm (Closed, Discussion)

**Categories:** Addiction, Community, Food Resources, LGBTQ+

### Friendship Baptist Church

409 Union St, Schenectady, NY 12308  
518-374-8679

**Hours of Group:** Sunday 7pm



**Website:** <http://friendshipbaptistchurchny.org/>

**Description:** Hosts an Alcoholics Anonymous meeting weekly (Closed, Steps, Open the last Sunday of the month).

**Categories:** Addiction

### Friendship House

955 State St, Schenectady, NY 12307

518-374-4396

**Website:** <http://friendshipbaptistchurchny.com/friendship-house2.php>

**Description:** Free clothing giveaway held twice a year.

**Categories:** Clothing

### Furballs Rescue

966 O'Brien Ave, Schenectady, NY 12303

**Website:** <https://www.facebook.com/furballscatrescue/>

**Description:** Local cat rescue.

**Categories:** Pets

## G

### The Gathered Remnant Ministry

1374-76 10th Ave, Schenectady, NY 12303

518-374-3487

**Description:** Offers a food pantry and clothing pantry on the 3<sup>rd</sup> Tuesday & 4<sup>th</sup> Thursday of the month from 1-6pm. Also offers a free community meal on the 3<sup>rd</sup> & 4<sup>th</sup> Saturday of the month from 12:30-3pm.

**Categories:** Clothing, Food Resources

### GE Kids Get In Free Days

**Website:** <http://www.gekidsinfreedays.com/>

**Description:** Advertises events where children under 12 can go to events with one paid adult admission.

**Categories:** Youth

### Girls Inc.

962 Albany St, Schenectady, NY 12307

518-374-9800

**Hours:** 2-5:30pm

**Website:** <http://girlsinccapitalregion.org/>

**Description:** Offers multiple after school programs for school-aged girls. Ages split K-2<sup>nd</sup> and 3<sup>rd</sup>-12<sup>th</sup>. Girls can choose after-school program schedule and decide what classes they would like to take, all for free. Summer programs also available (private pay) and Feb/April break programming (private pay).

**Categories:** Education, Food Resources, Minority Services, Youth

### Girls Scouts of Northeastern NY

8 Mountain View Ave, Albany, NY 12205

518-489-8110

**Hours:** Mon-Fri, 8:30am-4:30pm

**Website:** <http://www.gsny.org/>

**Description:** Provides leadership opportunities and fellowship to young girls in the Capital Region.

**Categories:** Youth

### Give Back a Smile

1-800-773-4227

[givebackasmile@aacd.com](mailto:givebackasmile@aacd.com)

**Website:** <http://www.aacd.com/aboutGBAS>

**Description:** Free dental work for injuries as a result of domestic abuse. Must be out of abusive relationship as least 1 year.

**Categories:** Domestic Violence, Health Care

### Glenville Co-Op Nursery School

224 N. Ballston Ave, Scotia, NY 12302

518-377-4878

**Website:** <http://glenvillenurseryschool.org/index.html>

**Description:** Co-op nursery school for children ages 3 & 4. Three year old class meets Tues/Fri 9-11:30am; 4 year old class meets Mon/Wed/Thurs 9-11:30am. Also offers a 4 year old pre-kindergarten class Mon-Fri, 12:30-3pm. Additionally, this school runs a six week summer camp, Mon-Fri from 9-11:30am or 12:30-3pm.

**Categories:** Child Care

### Glenville Municipal Center

18 Glenridge Rd, Glenville, NY 12302

518-688-1200

**Website:**

[http://www.townofglenville.org/Public\\_Documents/index](http://www.townofglenville.org/Public_Documents/index)

**Description:** Oversees town departments such as town attorney and town clerk. Town Board Meetings are held the 1<sup>st</sup>/3<sup>rd</sup> Wednesday of the month at 7pm.

**Categories:** Government

### Glenville Terrace Apartments

389 Saratoga Rd, Glenville, NY 12302

518-399-2696

**Website:** <http://www.belmontmgmt.com/apartment-listings/glenville-terrace/>

**Description:** Affordable senior housing (55+).

**Categories:** Seniors

### Glenville YMCA

127 Droms Rd, Glenville, NY 12302

518-399-8118

**Website:** <http://cdymca.org/locations/glenville-ymca/>

**Description:** Offers programs for youth.

**Categories:** Youth

### Good Shepherd Lutheran Church

547 Saratoga Rd (Rt. 50), Glenville, NY 12302

518-399-4540

**Website:** <http://www.goodshepherdglenville.com/>

**Description:** Hosts two Alcoholics Anonymous meetings: Thurs 6:30pm (Closed, Women only, Big Book) and Saturday

9:15am (Open, Women Only, Steps). Both meetings are wheel chair accessible.

**Categories:** Addiction

### **Goodwill**

1400 Altamont Ave, Rotterdam, NY 12303

518-355-4265

**Hours:** Mon-Saturday, 9am-9pm; Sunday, 10am-8pm

**Website:** <http://goodwillnynj.org/>

**Description:** Offers clothing for a low price.

**Categories:** Clothing

### **Goose Hill Neighborhood Association**

518-346-4850

[camilleinthegarden@yahoo.com](mailto:camilleinthegarden@yahoo.com)

**Hours:** Last Thurs of the month, 7pm (Sept-June)

**Description:** Please call for the meeting location.

**Categories:** Community

### **Grassroot Givers**

274 Washington Ave, Albany, NY 12203

518-817-5921

**Hours:** Mon-Thurs, 10am-2pm

**Website:** <http://www.grassrootgivers.org/>

**Description:** Offers a community store with clothing and accessories for men, women, and children, as well as household goods and personal care items. Runs Little Free Libraries in Albany, where community members can borrow books. Also gives books away at the community store.

**Categories:** Clothing, Homelessness/Housing

### **Guilderhaven, Inc.**

6655 Route 158, Altamont, NY 12009

518-861-6861

**Website:** <http://www.guilderhaven.org/>

**Description:** Provides low cost spay/neuter, food, and medical intervention for pets.

**Categories:** Pets

### **Guilderland YMCA**

250 Winding Brook Drive, Guilderland, NY 12084

518-456-3634

**Website:** <http://cdymca.org/programs/circle-of-champs/>

**Description:** Offers recreational programs for youth. Also runs the Circle of Champs Program for youth touched by a life-threatening illness (free).

**Categories:** Health Care, Youth

### **Guyanese American Association of Schenectady**

1640 Eastern Pkwy, Schenectady, NY 12309

518-374-2368

**Hours:** Last Thurs of the month, 6pm

**Description:** Neighborhood Association meets in the Price Chopper Community Room.

**Categories:** Community



### **Habitat for Humanity**

115 N. Broadway, Schenectady, NY 12305

518-395-3412 ext. 106

**Website:** <http://schenectadyhabitat.org/>

**Description:** Assists individuals and families in obtaining permanent home ownership. Housing is affordable, but individuals and families need to be part of the building process.

**Categories:** Homelessness/Housing

### **Habitat for Humanity: Re-Store**

115 N. Broadway, Schenectady, NY 12305

518-395-3412 ext. 106

**Website:** <http://schenectadyhabitat.org/restore/overview/>

**Description:** A store which offers low cost furniture.

**Categories:** Homelessness/Housing

### **Hamilton Hill Arts Center**

409 Schenectady St, Schenectady, NY 12307

518-346-1262

**Website:** <http://www.hamiltonhillartscenter.org/>

**Description:** A cultural arts center that focuses on youth. Runs educational programs on African and African-American culture. Runs an after-school program focused on arts, a steel drumming music program, and a six week summer arts program. Also offers some adult-based programs and workshops throughout the year.

**Categories:** Community, Education, Minority Services, Youth

### **Hamilton Hill Neighborhood Association**

540 Mumford St, Schenectady, NY 12307

518-728-8419

**Hours:** 1st Thurs of the month, 6:30pm

**Description:** Neighborhood Association meets at Bethel AME Church on Mumford St.

**Categories:** Community

### **Hannaford (Brain Injury Survivors & Caregivers)**

900 Central Ave, Albany, NY 12206

518-459-7911

**Website:** <https://bianys.org/programs/support-groups/support-group-list/>

**Description:** Support group for brain injury survivors/caregivers. Meets the 2<sup>nd</sup> Tues of the month from 7-8:30pm in the Hannaford Community Room.

**Categories:** Support Groups

### **Harmony Fellowship**

888 Albany St, Schenectady, NY 12307

518-331-6243

**Website:** <http://www.harmonyfellowship.org/>

**Description:** Offers a food pantry on the 2nd and 4th Thurs of

the month, 3-5pm. Also has a coffee shop, open Mon-Fri 2-6pm.

**Categories:** Community, Food Resources

### **Help Heal Vets**

**Website:** <https://www.healvets.org/for-veterans/request-home-delivery>

**Description:** Provides therapeutic craft kits for veterans.

**Categories:** Community, Veterans

### **Heritage Home for Women**

1519 Union Street, Schenectady, NY 12309  
518-374-6921

**Website:** <http://www.heritagehome4women.net/>

**Description:** Housing for older women; wrap-around care available. Provides assistance with medication management and offers multiple activities for residents. Monthly rent includes a private room, three meals a day, activities, personal care assistance, medication management, housekeeping, laundry, and seasonal activities.

**Categories:** Seniors

### **Highland Square**

88 Saratoga Rd, Schenectady, NY 12302  
518-399-6481

**Website:** <http://www.belmontmgmt.com/apartment-listings/highland-square/>

**Description:** Senior housing for individuals 62+.

**Categories:** Seniors

### **Hildegard Medicus Cancer Center**

1300 Massachusetts Avenue, Troy, NY 12180  
518-268-5060

**Website:**

[https://www.nehealth.com/Medical\\_Care/Specialties/Cancer\\_Treatment/Integrative\\_Wellness/](https://www.nehealth.com/Medical_Care/Specialties/Cancer_Treatment/Integrative_Wellness/)

**Description:** Offers integrative wellness cancer care. Multiple services offered free of charge for cancer patients.

**Categories:** Health Care

### **Hindu Temple Society of the Capital District**

450 Albany Shaker Rd, Albany, NY 12211  
518-459-7272

**Website:** <http://www.hindutemplealbany.org/>

**Categories:** Minority Services

### **Holly Manor**

2415 Curry Rd, Rotterdam, NY 12303  
518-356-6811

**Description:** Senior housing.

**Categories:** Seniors

### **Holy Name of Jesus**

1040 Pearl St, Schenectady, NY 12303  
518-372-1992

**Website:** <http://www.holynamencc.org/>

**Description:** Offers a free community meal on the 3rd Sunday

of the month.

**Categories:** Food Resources

### **Holyrood Housing**

201 5th St, Scotia, NY 12302  
518-374-7407

**Website:** <http://www.burnsmgmt.com/holyrood/>

**Description:** Housing for seniors 62+ or the disabled.

**Categories:** Seniors

### **Hometown Health Center**

1044 State St, Schenectady, NY 12307  
518-370-1441

**Medical Hours:** Mon-Thurs 8am-7pm; Fri 8am-5:30 pm; Saturday 9am-1 pm

**Dental Hours:** Mon-Thurs 7am-7 pm; Fri 7am-5:30 pm; Saturday 9am-1 pm

**Website:** <http://hometownhealthcenters.org/>

**Description:** Offers medical, dental, and behavioral health services. Services provided on a sliding scale fee (proof of income needed). Walk-in STD clinic offered on Tuesdays, 5-7pm. This is a SCAP satellite site every Thursday from 9am-4pm.

**Categories:** Family Planning/Pregnancy, Health Care, HIV/AIDS

### **HPA/LiveWell: Intensive Outpatient Program**

260 Washington Ave Ext., Albany, NY 12203  
518-218-1188

**Hours:** Mon – Thurs: 8:30 am – 8:00 pm; Fri: 9:00 am – 12:00 pm; Saturday: 9:00 am – 5:00 pm

**Website:** <http://hpalivewell.com/eating-disorder-treatment/>

**Description:** Offers counseling for individuals with eating disorders

**Categories:** Mental Health/Counseling

### **Hulett Market**

780 State St, Schenectady, NY 12307

**Website:** <http://www.capitalroots.org/programs/healthy-stores/rensselaer-county/>

**Description:** Part of the healthy stores initiative; has fresh produce.

**Categories:** Food Resources

### **IBB Grocery**

502 Schenectady St, Schenectady, NY 12307

**Website:** <http://www.capitalroots.org/programs/healthy-stores/rensselaer-county/>

**Description:** Part of the healthy stores initiative; has fresh produce.

**Categories:** Food Resources

## **Immaculate Conception**

400 Saratoga Rd, Scotia, NY 12302  
518-399-9168

**Website:** <http://www.icglenville.com/>

**Description:** Hosts an Alcoholics Anonymous meeting on Saturdays at 9:15am in the School Library (Men Only, Closed, Discussion).

**Categories:** Addiction

## **Indian Ladder Farms**

342 Altamont Rd, Altamont, NY 12009  
518-765-2956

**Hours:** Sunday-Saturday, 9am-5pm

**Website:** <http://www.indianladderfarms.com/>

**Description:** A family owned farm that offers educational opportunities for youth. Offers a "Barn School" for youth to explore the farm, including the farm animals, gardens, and orchard. Summer programs available, as well. Also runs "Baby Animal Days" for youth, where children can pet and learn about baby farm animals (admission \$6 per child; adults accompanying children are free). Fresh apples and berries also available in season.

**Categories:** Environment, Youth

## **In Our Own Voices**

245 Lark Street, Albany, NY 12210  
518-432-4188

**Website:** <http://www.inourownvoices.org/>

**Description:** An organization dedicated to serving the LGBTQ community. Offers free legal clinics, an HIV prevention program for transgendered individuals, and emergency assistance for the LGBTQ community. Also gives out free hygiene and safe sex kits monthly, and offers confidential HIV testing.

**Categories:** HIV/AIDS, Legal Assistance, LGBTQ+

## **Interfaith Community of Schenectady**

811 N. Brandywine Ave, Schenectady, NY 12308  
518-370-2150

**Website:** <http://schenectadyinterfaith.weebly.com/>

**Description:** Offers free Tai Chi classes at the Schenectady Center for Well Being (First United Methodist Church) on Tuesdays from 10-11am and Sundays from 11:30am-12:30pm.

**Categories:** Community, Minority Services

## **International Center of the Capital Region**

65 First Street, Troy, NY 12180  
518-708-7608

**Website:** <http://www.iccralbany.org/index.php?subj=49>

**Description:** This organization is focused on promoting international understanding. Located in Hart Hall, Room 306.

**Categories:** Minority Services

## **Islamic Center of the Capital District**

21 North Lansing Rd, Schenectady, NY 12304  
518-370-2664

**Website:** <https://www.iccdny.org/>

**Description:** Offers Youth Meetings for Muslim youth on Saturdays at 2:30pm.

**Categories:** Minority Services, Youth

## **J**

### **Jacob's Well**

1910 Broadway, Schenectady, NY 12306  
518-393-1341

**Hours:** Wed 4:30-7:30pm, Thurs 11:30am-7:30pm, Fri 11:30am-3:30pm, Saturday 9:00am-1:00 pm

**Website:** [http://bellevuereformed.org/?page\\_id=1890](http://bellevuereformed.org/?page_id=1890)

**Description:** Provides low-cost meals for the community, as well as a safe place to come and relax. Craft Night is the 2<sup>nd</sup> Thursday of the month (5-7pm); Adult Coloring Night is the last Thursday of the month (5-7pm).

**Categories:** Community, Food Resources

### **Jack's Place**

17 Rosa Road, Schenectady, NY 12308  
518-370-1683

**Website:** <http://www.jackfalvoiiifoundation.com/>

**Description:** Offers housing for out of town families/individuals who have a loved one rehabilitating in Ellis Hospital or Sunnyview Rehabilitation.

**Categories:** Health Care

### **Jay Street Business Association**

160 Jay Street, Schenectady, NY 12305  
518-669-8946

[jaystreetsundaymarket@gmail.com](mailto:jaystreetsundaymarket@gmail.com)

**Hours:** 3<sup>rd</sup> Wed of the month

**Website:**

<http://www.cityofschenectady.com/408/Neighborhood-Associations>

**Description:** Neighborhood Association meets at a Jay Street business (differs month-to-month).

**Categories:** Community

### **Jessica Reichert: ABA Therapy for Autistic Children**

101 State St, Schenectady, NY 12305  
518-366-9675

**Description:** Offers behavioral therapy at listed location, in community, in homes, or in schools. Accepts CDPHP.

**Categories:** Disabilities, Mental Health/Counseling

### **Jewish Community Center**

2565 Balltown Rd, Niskayuna, NY 12309  
518-377-8803

**Hours:** Mon-Thurs 5:30am-9:30pm, Fri 5:30am-6:00pm, Saturday/Sun 7:00am-6:00pm

**Website:** <http://www.schenectadyjcc.org/>

**Description:** Offers multiple classes, including: Land/water

exercise classes; Bridge (Tu at 11:30), Ceramics (Th 1-3), Silver Sneakers (fitness); at least \$5 without membership, price varies per class. Also provides a low cost meal to seniors 60+ (\$3.25) on Mon/Wed/Fri at 12pm.

**Categories:** Community, Food Resources, Minority Services, Seniors

### **Jewish Family Services**

877 Madison Ave, Albany, NY 12208

518-482-8856

**Website:** <http://www.jfsneny.org/programsservices/groups/>

**Description:** Offers an Anger Management Group, which satisfies court/legal requirements; rolling admission, \$50 intake and \$20 per class. Also provides general counseling to the community.

**Categories:** Family Planning/Pregnancy, LGBTQ+, Mental Health/Counseling

### **Jewish Family Services: Schenectady Office**

603 State St, Schenectady, NY 12305

518-370-1666

**Website:** <http://www.jfsneny.org/contact-us/>

<http://www.havenofschdy.org/>

**Description:** Offers counseling which specializes in depression/anxiety, stress management, grief/loss, abuse, etc. Located at First United Methodist Church.

**Categories:** Mental Health/Counseling

### **Joan Nicole Prince Home**

22 Glenview Dr, Scotia, NY 12302

518- 346-5471

**Website:** <http://www.joannicoleprincehome.org/>

**Description:** Provides a safe and caring residence for the terminally ill who have a prognosis of three months or less.

**Categories:** Health Care

## **K**

### **Kenney Community Center**

257 Park Pl, Schenectady, NY 12308

518-388-6609

**Website:** <https://www.union.edu/offices/kenney/>

**Description:** Free after-school programs available for children; includes STEP program for low income or minority youth. Also offers a 3 week summer program. This is a free tax preparation site (Bring: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms)

**Categories:** Education, Financial & Energy Assistance, Minority Services

### **Kid's Art Festival**

**Website:** <http://www.kidsartsfestivalschenectady.com/>

**Description:** Annual Kid's Art Festival is held on the streets around City Hall and on Jay Street; website will update the community each year on day/time and events that will occur at the festival.

**Categories:** Community, Youth

### **The King's Dancers**

105 Mohawk Ave. Scotia, NY 12302

518-312-4290

**Website:** <http://www.kingsdancers.com/>

**Description:** A Christian School of Dance and Performing Arts. Offers classes in ballet, hip hop, jazz, pointe, tap, lyrical, contemporary, acro, tumbling, and technique. Also offers preschool classes.

**Categories:** Community, Education

## **L**

### **Lasalle School**

391 Western Ave, Albany, NY 12203

518- 242-4731

**Website:** <http://www.lasalle-school.org/>

**Description:** Offers counseling, educational, and residential services for high-risk boys.

**Categories:** Mental Health/Counseling, Education

### **Laura Inspires**

831 Union Street, Schenectady, NY 12308

518-866-3621

**Website:** <https://laurainspires.com/>

**Description:** Offers therapeutic practices and life coaching services, mindfulness meditation, and yoga therapy. Works with both children and adults, including those with special needs. Focuses a lot on trauma recovery. All services are offered on a sliding scale.

**Categories:** Disabilities, Mental Health/Counseling

### **The Lawrence Commons**

2660 Albany Street, Schenectady, NY 12304

518- 393-2412

**Description:** Housing for disabled persons.

**Categories:** Disabilities

### **Legal Aid Society of Northeastern NY**

55 Colvin Avenue, Albany, NY 12206

518-462-6765

**Website:** <https://www.lasnny.org/>

**Description:** Offers free legal aid to victims of domestic violence and for individuals involved in civil cases.

**Categories:** Domestic Violence, Legal Assistance

### **LGBTQA Youth Group**

433 State St, Schenectady, NY 12305

Hours: Thurs 6-7:30pm

**Website:** <https://www.capitalpridecenter.org/programs-services/center-youth/#schenectady-youth>

**Description:** Weekly meetings held at the YMCA for LGBTQA youth. Hosted by Pride Center.

**Categories:** LGBTQ+, Youth

### **Liberty Partnerships**

78 Washington Ave, Schenectady, NY 12305  
518-381-1364

**Website:** <https://sunysccc.edu/Academics/K-12-Initiatives/Liberty-Partnership-Program>

**Description:** Dropout prevention program for at-risk students, grades 5-12. Offers after school programs, college field trips, and career immersion lectures/speakers/field trips.

**Categories:** Education, Youth

### **Lighthouse Clothing Room**

1234 Main St, Rotterdam Junction, NY 12150  
518-355-2277

**Description:** Free clothing, shoes, pocketbooks available.

**Categories:** Clothing

### **Lighthouse Food Pantry**

4780 Duanesburg Rd, Princetown, NY 12056  
518-386-7000

**Hours:** Wed-Fri 4:00-6:00 pm

**Categories:** Food Resources

### **Lincoln Heights**

478 Veeder Ave, Schenectady, NY 12305  
518-386-7000

**Website:** <http://smha1.org/publichousing.html>

**Description:** 105 housing units for elderly/disabled families. Contact Schenectady Municipal Housing Authority.

**Categories:** Homelessness/Housing, Seniors

### **Literacy New York Greater Capital District**

Albany Public Library, 61 Washington Avenue, Albany, NY 12210

Schenectady Public Library, 99 Clinton St, Schenectady, NY 12305

518-583-1232

**Website:** <http://www.literacynycap.org/programs>

**Description:** At the Albany Public Library, offers Citizenship Prep Classes, TASC Prep Classes, and English Classes.

Tutoring available at the Schenectady Public Library.

**Categories:** Education, Minority Services

### **Little Italy Business Association**

39 N Jay St, Schenectady, NY 12305  
518-528-5870

**Website:** <http://littleitalyschdy.com/home>

**Description:** Quarterly meetings held at Cornell's Restaurant.

**Categories:** Community

### **Living Resources: After-School Program**

2070 Curry Rd, Rotterdam, NY 12303

518- 218-0000 ext. 3340

**Hours:** Mon-Fri, 2:00-6:00 pm

**Website:** <http://www.livingresources.org/index.php/after-school-program/70-after-school-program>

**Description:** After school program held at Draper Middle School, for children/teens with disabilities.

**Categories:** Education

### **Living Resources: Art Program**

2176 Guilderland Ave, Schenectady, NY 12306  
518-218-0000

**Website:** [http://www.livingresources.org/arts\\_program/](http://www.livingresources.org/arts_program/)

**Description:** Art program for adults with developmental disabilities

**Categories:** Community

### **Living Resources: Clinical Services**

300 Washington Ave Ext, Albany, NY 12203  
518-218-0000

**Website:** <http://www.livingresources.org/>

**Description:** Individual/Group therapy available. Veteran's Service Project offered Mon-Fri 9:00am-5:30pm (Saturday by appointment); helps with employment, home health aides, etc.

**Categories:** Mental Health/Counseling, Veterans

## **M**

### **Mabee Farm Historic Site**

1100 Main St, Rotterdam Junction, NY 12150  
518-887-5073

**Hours:** Tues-Saturday, 10am-4pm

**Website:** <http://schenectadyhistorical.org/>

<https://www.facebook.com/mabeefarm/>

**Description:** Offers an opportunity for schools to take field trips to the farm and house, as well as programming over school breaks. Walking tours available for the public – admission \$5 for just the Mabee house, \$7 for the house and the current exhibits (free for children). Part of the Schenectady County Public Library Museum Pass Program. Also runs annual festivals such as the Canal Fest in July and the Fall Foliage Festival.

**Categories:** Community, Youth

### **MacGathan Townhouses**

152-195 Jerry St, Schenectady, NY 12304  
518-386-7000

**Website:** <http://smha1.org/publichousing.html>

**Description:** Offers 50 units for families with children. Contact Schenectady Municipal Housing Authority.

**Categories:** Homelessness/Housing

### **Maryvale Apartments**

292-299 Starling Ave, Schenectady, NY 12304  
518-386-7000

**Website:** <http://smha1.org/publichousing.html>

**Description:** Offers 8 units for housing for families with children. Contact Schenectady Municipal Housing Authority.

**Categories:** Homelessness/Housing

### **Mediation Matters**

1473 Erie Blvd #302, Schenectady, NY 12305

518-847-0117

**Website:** <http://www.mediationmatters.org/>

**Description:** Assists individuals in conflict with resolving issues.

**Categories:** Mental Health/Counseling, Veterans, Youth

### **Mental Health Empowerment Project**

3 Atrium Drive, Suite 205; Albany, NY 12205

518-434-1393

**Website:** <http://www.mhempinc.org/>

**Description:** Provides skill building activities and self-help education concerning mental health. Also hosts workshops/seminars.

**Categories:** Mental Health/Counseling

### **Messiah Lutheran Bread of Life Food Pantry**

2850 Guilderland Ave, Schenectady, NY 12306

518-374-5104 or 518-355-5177

**Website:** <http://www.messiahschenectady.org/>

**Description:** Food pantry available by referral only; one visit per month.

**Categories:** Food Resources

### **Miracle on Craig Street**

1055 Wendell Ave, Schenectady, NY 12308

518-982-5050

**Website:** <http://www.miracleoncraigstreet.org/>

**Description:** A group of community members working towards creating a community center in the space where the old Carver Community Center used to be located. Currently, Miracle is running a number of programs in the community, including a gardening program during the appropriate seasons and a Community/Police basketball league for individuals 16+. Also has a cultural lending library at Mt. Olivet church.

**Categories:** Community, Minority Services, Youth

### **MiSci Museum of Science**

15 Nott Terrace Heights, Schenectady, NY 12308

518-382-7890

**Hours:** Mon-Saturday 9am-5pm, Sunday 12-5pm

**Website:** <http://www.misci.org/>

**Description:** Admission ranges from \$7.50 to \$10.50, with an additional \$5 for Planetarium Show. Part of the Schenectady County Public Library Museum Pass program.

**Categories:** Community, Youth

### **The Mission Community Church**

10 Old Plant Rd, Clifton Park, NY 12065

518-745-9912

**Website:** <http://www.themcc.tv/divorcecare/>

**Description:** Offers a divorce support group, Mondays from 6:30-8pm.

**Categories:** Support Groups

### **Mohawk Opportunities**

201 Nott Terrace, Schenectady, NY 12307

518-374-8424

**Website:**

<http://www.mohawkopportunities.org/programs.html>

**Description:** Multiple housing options for adults 18+ with a severe and persistent mental illness; only referrals accepted. Affordable housing available for those with HIV/AIDS.

**Categories:** HIV/AIDS, Homelessness/Housing, Mental Health/Counseling

### **Mohonasen High School**

2072 Curry Road, Rotterdam, NY 12303

518-356-8303

**Website:** <http://www.mohonasen.org/academics/adult-continuing-education/>

**Description:** For Continuing Ed: Fees apply (residents get a discount).

**Categories:** Education

### **Mont Pleasant Commons**

1502 Chrisler Avenue, Schenectady, NY

518-382-1848

**Website:** <http://cdymca.org/programs/housing/mont-pleasant-commons/>

**Description:** Offers 49 non-smoking affordable senior apartments; applicants must be at least 62 years old.

**Categories:** Seniors

### **Mont Pleasant Merchants**

(518) 864-5849

**Description:** Association of merchants in Mont Pleasant, led by Rev. James H. Bookhout of The Bridge Christian Church. Currently, no meetings are scheduled.

**Categories:** Community

### **Mont Pleasant Neighborhood Association**

1028 Ostrander Place, Schenectady, NY 12303

518-370-2260

[mpnaschdy@gmail.com](mailto:mpnaschdy@gmail.com)

**Hours:** 2nd Thursday of the month, 7:00pm

**Description:** Meets at Faith Tabernacle Church.

**Categories:** Community

### **Mopco Improv Theatre**

10 N. Jay Street, Schenectady, NY 12305

518-577-6726

**Website:** <http://www.mopco.org/>

**Description:** Improv theatre that runs multiple programs and classes for the community. Performs every weekend. Also runs a youth program.

**Categories:** Community, Youth

## Mother Goose Nursery School

2639 Hamburg St, Schenectady, NY 12303  
518-355-8026

**Website:** [https://www.facebook.com/pg/Mother-Goose-Nursery-Inc-171938389500397/about/?ref=page\\_internal](https://www.facebook.com/pg/Mother-Goose-Nursery-Inc-171938389500397/about/?ref=page_internal)

**Description:** A co-op nursery school in Rotterdam for children ages 3 & 4. Class for 3 year olds: Tues/Thurs 9-11am. Class for 4 year olds: Mon/Wed/Fri 9-11:30am.

**Categories:** Child Care

## The Mr. Mo Project

518-435-5973

**Website:** <http://www.mrmoproject.com/>

**Description:** Assistance with elderly dog's medical care available.

**Categories:** Pets

## Music Box Arts

Eastern Parkway Methodist Church, 943 Palmer Ave,  
Schenectady, NY 12309  
518-393-9580

**Website:** <http://www.carolsmusictogether.com/index.htm>

**Description:** Offers music classes for children birth - 9 years old at the Eastern Parkway Methodist Church in Schenectady. The mixed age class is for birth – 5 years old; the big kids class is for ages 5-7; and the babies class is for ages 3-4.

**Categories:** Youth

## Muslim Community Center of the Capital District

21 North Lansing Road, Schenectady, NY 12304  
518-708-9804

**Website:** <http://mccalbany.org/>

**Description:** Multiple programs for the Muslim community available, such as free basketball programs, soccer programs, and Zumba for women. Also offers a Food Pantry on the 2<sup>nd</sup> Saturday of the month from 11am-1pm; must bring ID and proof of address (such as a bill in your name).

**Categories:** Food Resources, Minority Services

## My Place to Play

590 Giffords Church Rd, Rotterdam, NY 12306  
(518) 346-3200

**Website:** <http://myplace2play.com/>

**Description:** Christian preschool program for students ages 2-4.

**Categories:** Child Care

## Myers Ballet School

418 Liberty St, Schenectady, NY 12305  
518-374-0376

[info@myersballetschool.org](mailto:info@myersballetschool.org)

**Website:** <http://www.myersballetschool.org/>

**Description:** Free admission for boys ages 5-18. Special program offered: Friday boys' class, 5:30-6:30, free class and dance attire.

**Categories:** Education, Youth

## N

### National Grid Consumer Advocate

518-433-3592

**Website:** <http://www2.nationalgrid.com/>

**Description:** Offers assistance with energy problems. Call for more information.

**Categories:** Financial & Energy Assistance

### New Choices Recovery Center

302 State St, Schenectady, NY 12305  
518-346-4436

**Website:** <http://www.newchoicesrecovery.org/>

**Description:** Clinical and residential services available for adults struggling with addiction.

**Categories:** Addiction, Mental Health/Counseling

### New Russia Cultural Center

[info@newrussiacenter.org](mailto:info@newrussiacenter.org)

**Website:** <http://www.newrussiacenter.org/>

**Description:** Focuses on Russian culture and folklore through activities, education, and exposure.

**Categories:** Minority Services

### New Sanctuary for Immigrants of the Capital Region

274 Sherman St, Albany, NY 12206  
518-465-3685 ext. 10

**Website:** <https://www.facebook.com/NS4Immigrants/>

**Description:** New Sanctuary Meetings (Open to all): 2nd Monday of the Month @ 45 Trinity Place, Albany NY. Offers advocacy and support (groceries, clothing, school registration, etc.).

**Categories:** Minority Services

### Newtonville United Methodist Church

568 Loudon Rd, Colonie, NY 12110  
Alan Woolf: [aswoolf1@aol.com](mailto:aswoolf1@aol.com)

**Website:** <http://www.numc.net/>

**Description:** Holds a Survivors of Incest Anonymous meeting, Sunday 6-7pm, Rm 27, 2nd Floor; Survivors only; no scents (perfumes, etc.); must be 18 years or older.

**Categories:** Support Groups

### New York State Division of Criminal Justice Services

Alfred E. Smith Building, 80 South Swan St, Albany, NY 12210

518-457-5837 or 1-800-262-3257

[InfoDCJS@dcjs.ny.gov](mailto:InfoDCJS@dcjs.ny.gov)

**Website:** <http://www.criminaljustice.ny.gov/>

**Categories:** Government



## **New York State Division of Human Rights**

Agency Building 1, 2nd Floor, Empire State Plaza, Albany, NY 12220

(518) 474-2705

[InfoAlbany@dhr.ny.gov](mailto:InfoAlbany@dhr.ny.gov)

**Website:** <https://dhr.ny.gov/>

**Categories:** Government

## **New York State Museum**

222 Madison Avenue, Albany, NY 12230

518-474-5877

**Museum Hours:** Tues-Sunday, 9:30am-5pm

**Carousel Hours:** Tues-Sunday, 10am-4pm

**Discovery Place Hours:** Tues-Sunday, 10am-4pm

**Website:** <http://www.nysm.nysed.gov/>

**Description:** Offers exhibits on multiple topics on a rotating basis - some include wilderness, art, World Trade Center, etc. The Discovery Place portion of the museum offers hands-on exhibits. Admission to the museum and to the historic carousel is free. There is a suggested donation of \$5 for an individual or \$10 for a family. Programs run through the museum are also free.

**Categories:** Community, Youth

## **Nick's Fight to be Healed Foundation**

518-262-4679

**Website:** <http://www.fighttobehealed.org/index.php>

**Description:** Provides financial assistance for pediatric cancer patients and teen comfort bags to pediatric cancer patients ages 10-25.

**Categories:** Financial & Energy Assistance, Health Care

## **Niskayuna Community Action Program (NCAP)**

2253 Story Ave, Niskayuna, NY 12309

518-374-0744

**Website:** <http://ncapnisky.org/>

**Description:** Supports a number of different youth groups for Niskayuna students, as well as parenting groups. Hosts drug take back days, and organizes the Niska Day community festival.

**Categories:** Youth

## **Niskayuna Community Day Care Center**

1335 Balltown Road, Niskayuna, NY 12309

518-382-5732

**Hours:** Mon-Fri, 7am-5:45pm

**Website:** <http://www.niskydaycare.com/>

**Description:** Child care center for ages 18 months-4 years old. Also holds an after-school program.

**Categories:** Child Care, Education

## **Niskayuna Community Foundation**

Six Tower Place, Albany, NY 12203

518-935-7899

**Website:** <https://niskayunacf.org/>

**Description:** Funds projects that serve the Niskayuna Community. Scholarships are available for Niskayuna

students, as well.

**Categories:** Financial & Energy Assistance

## **Niskayuna Co-Op Nursery School**

852 Ashmore Ave, Niskayuna, NY 12309

518-370-5705

**Website:** <http://niskayunaco-opnurseryschool.com/wp/>

**Description:** A co-op nursery school for children ages 3-5.

**Categories:** Child Care

## **Niskayuna Mom's Group**

[niskayunamomsgroup@gmail.com](mailto:niskayunamomsgroup@gmail.com)

**Website:** <http://www.niskayunamomsgroup.org/>

**Description:** A group of moms in the Niskayuna area with children ages 0-5 (at events, school-aged children are welcome). This group plans playdates for children at local parks and at the Niskayuna Community Center. Annual membership fee is \$25. Trial memberships are also available for 90 days to see if this group is a good fit.

**Categories:** Community, Family Planning/Pregnancy

## **Niskayuna Prescription Pill Drop Box**

One Niskayuna Circle, Niskayuna, NY 12309

518-386-4500

**Hours:** Mon-Fri, 9am-5pm

**Website:** <http://www.niskayuna.org/>

**Description:** An anonymous, safe option for disposal of prescription medications.

**Categories:** Addiction, Seniors

## **Niskayuna Reformed Church**

3041 Troy-Schenectady Rd, Niskayuna, NY 12309

518-785-5575

**Website:** <https://www.niskayunareformed.org/>

**Description:** Hosts a Workaholics Anonymous group on Mondays at 6pm (Open, Discussion, Steps). Wheel chair accessible.

**Categories:** Support Groups

## **Niskayuna School District**

1239 Van Antwerp Rd, Niskayuna, NY 12309

518-377-4666 ext. 50731

**Website:**

<http://www.niskayunaschools.org/community/continuinged.cfm>

**Description:** Offers Continuing Education classes Mon-Fri 1-4pm from September-June. For non-residents, fees apply.

Enrollment is first come, first serve.

**Categories:** Education

## **Niskayuna Senior Center**

2682 Aqueduct Rd, Niskayuna, NY 12309

518-372-4969

**Hours:** Tues/Thurs, 9am-3pm

**Website:** <http://www.niskayuna.org/senior-center>

**Description:** Transportation to the senior center, medical appointments, and for shopping trips is available for

Niskayuna Seniors. Lunch offered Tues/Thurs at 12pm for \$5. Multiple activities held at the senior center. On 3<sup>rd</sup> Tues of the month, 10am, Computer class offered (call to register). On 1<sup>st</sup> Tues of the month, 9am-12pm, walk-in computer clinic available on drop-in basis; free support available.

**Categories:** Food Resources, Seniors, Transportation

### **Niskayuna Town Hall**

One Niskayuna Circle, Niskayuna, NY 12309  
518-386-4500

**Hours:** Mon-Fri, 9am-5pm

**Website:** <http://www.niskayuna.org/>

**Description:** At this location is a Prescription Pill Drop Box, an option for individuals to safely and anonymously dispose of prescription medication.

**Categories:** Government

### **Northeast Kidney Foundation**

501 New Karner Rd, Albany, NY 12205  
518-533-7880

**Website:** <https://healthykidneys.org/patient-services/>

**Description:** For those with kidney problems, offers emergency financial assistance, nutrition supplements for dialysis patients exhibiting symptoms of malnourishment, and transportation subsidies for non-Medicaid patients to/from dialysis. Also hosts a support group for those with kidney issues on the 2<sup>nd</sup> Sunday of the month from 12-2pm.

**Categories:** Health Care, Support Groups

### **Northeast Parent & Child Society**

530 Franklin St, Schenectady, NY 12305  
518-381-8911

**Hours:** Mon-Thurs 8:30am-8:00pm; Fri 8:30am-5:00pm

**Website:** <http://www.neparentchild.org/>

**Description:** Must be referred by Social Services. Offers child sexual abuse counseling, and crisis consultation 24 hours a day through the Behavioral Health Center.

**Categories:** Child Abuse, Mental Health/Counseling, Sexual Assault

### **Northeastern Association of the Blind at Albany**

301 Washington Ave, Albany, NY 12206  
518-463-1211

**Website:** <https://naba-vision.org/>

**Description:** Offers free in-home services for those diagnosed as legally blind in both eyes. Services include: vision rehab therapists (adapting to vision loss), mobility instructors, and an adaptive living program. For youth, programming is available for ages 8-18 who are legally blind, held once a month on Saturday (field trips, vision workshops).

**Categories:** Disabilities, Seniors

### **Nurturing Fathers**

8 N Church St, Schenectady, NY 12305  
518-410-9177

**Website:** <http://www.nurturingfathers12304.com/>

**Description:** Offers a 12-week parenting course for fathers.

**Categories:** Family Planning/Pregnancy

### **NYS Commission for the Blind**

40 North Pearl Street, Albany, NY 12110  
518-473-1675

**Website:** <http://ocfs.ny.gov/main/cb/>

**Description:** Provides programs and services for the legally blind. Located on the 10th floor.

**Categories:** Disabilities, Government, Seniors

### **NYSED**

89 Washington Ave, Albany, NY 12234  
518-391-5863

**Website:** <http://www.nysed.gov/>

**Description:** May be able to provide DSS with free backpacks. Contact Paul Webster.

**Categories:** Education



### **Oak Hill School**

39 Charlton Rd, Scotia, NY 12302  
518-399-5048

**Website:** <http://www.oakhill.org>

**Description:** Individualized schooling for students with emotional/behavioral issues.

**Categories:** Education

### **The Old Stone Fort Museum**

145 Fort Rd, Schoharie, NY 12157  
518-295-7192

**Hours:** Mon-Saturday, 10am-5pm; Sundays 12-5pm (May-October)

**Website:** <http://theoldstonefort.org/>

**Description:** Offers a number of historic buildings available for touring. Part of the Schenectady County Public Library Museum Pass Program. Admission: Adults \$7, Seniors \$6, Children ages 5-17 \$2.

**Categories:** Community

### **Operation at Ease**

P.O. Box 9156, Schenectady, NY 12309  
518-847-9941

**Website:** <http://www.operationatease.org/>

**Description:** Free service that pairs veterans with service dogs (provides free training, as well).

**Categories:** Pets, Veterans

### **Ortho NY Urgent Care**

530 Liberty Street, Schenectady, NY 12305  
518-489-2663

**Hours:** Mon-Fri, 1-5pm

**Website:**

<https://orthony.com/directory/locations/show/schenectady>

**Description:** Offers assistance for injuries, sprains, strains. Walk-in services available.  
**Categories:** Health Care

### **Our Lady of Fatima Pantry**

1735 Alexander Road, Delanson, NY 12053  
518-895-2788

**Website:**

[http://www.rcda.org/churches/OurLadyOfFatima/food\\_pantry.html](http://www.rcda.org/churches/OurLadyOfFatima/food_pantry.html)

**Description:** Food pantry for residents of Duaneburg, Delanson, Quaker St, Esperance, and Mariaville only. Must make an appointment; can only visit once per month.

**Categories:** Food Resources

### **Our Redeemer Lutheran Church**

103 S. Reynolds St, Schenectady, NY 12302  
518-346-8081

**Website:** <http://ourredeemer.cc/>

**Description:** Free lunch in summer for everyone, Friday 11:30am-12:30pm. Hosts an Alcoholics Anonymous group, Fridays at 6:30pm.

**Categories:** Addiction, Food Resources

## **P**

### **Parent to Parent of NYS**

500 Balltown Rd, Schenectady, NY 12304  
518-381-4350

**Website:** <http://parenttoparentnys.org/>

**Description:** Supportive network for parents of children with disabilities.

**Categories:** Disabilities, Mental Health/Counseling

### **Park Avenue Nursery School**

943 Palmer Ave, Schenectady, NY 12309  
518-374-8760

**Hours:** Mon-Fri, 9-11:30am

**Website:** <http://parkavenuenurseryschool.com/home>

**Description:** A cooperative nursery school for ages 3-5. Three year old class is held Tues/Thurs; 4-5 year old class is held Mon/Wed/Fri.

**Categories:** Child Care

### **Parsons Child & Family Center**

60 Academy Rd, Albany, NY 12208  
518-426-2600

**Website:** <http://www.parsonscenter.org/>

**Description:** Multi-service agency dedicated to helping families and children in the Capital Region. Programs available in the areas of: Behavioral Health, Case Management, Early Childhood, Education, Family Foster Care, Prevention & Family Preservation, and Residential Care.

**Categories:** Child Abuse, Child Care, Mental

Health/Counseling, Youth

### **Parsons Early Learning Center**

125 Bigelow Ave, Schenectady, NY 12304  
518-292-5510

**Website:**

<https://www.parsonscenter.org/our-services/education>

**Description:** Learning Center for children under 3 years old.

**Categories:** Child Care

### **Patty's Place**

518-723-0232

**Website:** <https://www.facebook.com/pattysplaceschenectady>

**Description:** Drop-in support/referral center for women engaged in sex work. Provides basic services such as hygiene items, condoms, and clothing. Call or Facebook Message for more information.

**Categories:** Domestic Violence, Sexual Assault

### **Peter Young Support Program**

428 Duane Ave, Schenectady, NY 12304  
518-377-2448

**Website:** <http://pyhit.com/programs/>

**Description:** Provides case management, employment, and housing for people living with HIV/AIDS, as well as housing assistance for veterans. Also assists with adult literacy, GED/TASC, and English as Second Language (Contact Judy Cocco, 518-465-1020 ext 145). Provides free backpacks/school supplies over the summer to youth in the area (518-930-8308).

**Categories:** Addiction, Education, Employment, HIV/AIDS, Homelessness/Housing, Reentry, Veterans

### **PG Wright Food Pantry**

Yates Village, 2450 Van Vranken Ave, Schenectady, NY  
518-374-7873

**Hours:** Thurs 9am-1pm, Last Mon of month 4-6pm

**Website:** <http://www.bethesdahouseschenectady.org/>

**Description:** Food Pantry for 12308 residents only. Only one visit allowed per month.

**Categories:** Food Resources

### **Planned Parenthood Mohawk Hudson**

1040 State Street, Schenectady, NY 12307  
518-374-5353

**Website:** <https://www.plannedparenthood.org/health-center/new-york/schenectady/12307/schenectady-center-4192-91180>

**Description:** An organization which provides quality healthcare and educates individuals on reproductive rights. Offers AIDS/HIV Testing, free condoms, birth control, emergency contraception, and abortion services. Also has a 24 hour domestic violence hotline (518-346-2266).

**Categories:** Domestic Violence, Family Planning/Pregnancy, Health Care, HIV/AIDS, LGBTQ+, Sexual Assault

## Positively Playful Therapy

118 Hurst Rd, Delmar, NY 12054  
518-424-2991

**Website:** <https://positivelyplayfultherapy.com/>

**Description:** Offers hippotherapy and adaptive/therapeutic riding. Also offers riding lessons and pony rides to youth.

**Categories:** Disabilities, Mental Health/Counseling, Youth

## Pride Center of the Capital Region

332 Hudson Ave, Albany, NY 12210  
518-462-6138

**Website:** <http://www.capitalpridecenter.org/>

**Description:** Serves those affected by discrimination based on gender identity/expression. Offers support groups (one located in Schenectady, Thursdays 6-7:30pm at Proctors), as well as a drop-in space in Albany. Runs multiple programs for the LGBTQ+ community.

**Categories:** HIV/AIDS, LGBTQ+, Mental Health/Counseling, Support Groups, Youth

## Princetown Town Hall

165 Princetown Plaza, Princetown, NY 12306  
518-357-4045

**Website:** <http://princetown.net/content/>

**Description:** Oversees all town departments. Town Board Meetings held the 2<sup>nd</sup> Tuesday of the month at 7pm.

**Categories:** Government

## Proctors

432 State St, Schenectady, NY 12305  
518-346-6204

**Website:** <http://www.proctors.org/>

**Description:** Offers programs for youth interested in performing arts. Hosts a wide variety of shows throughout the year.

**Categories:** Community

## Project Safe Point

839 Albany St, Schenectady, NY 12307  
518-449-3581 ext. 130

**Hours:** Mon/Wed/Fri 2-4pm

**Website:** <http://projectsafepoint.org/>

**Description:** Offers HIV/Hepatitis C Screening and serves as a Syringe Exchange Location. Parks at the SICM Emergency Food Pantry during listed times.

**Categories:** Addiction, HIV/AIDS

## Puzzles Bakery & Cafe

515 State St, Schenectady, NY 12305  
518-280-2620

**Website:** <http://www.puzzlesbakerycafe.com/>

**Description:** Bakery and cafe that focuses on raising awareness for autism. Employs individuals with mental disabilities. On Thursdays from 6-7pm, therapy dogs are brought in for the community.

**Categories:** Disabilities

## Q

### Quaker Meeting House

727 Madison Ave, Albany, NY 12208  
518- 436-8812

**Website:** <http://www.albanyfriendsmeeting.org/>

**Description:** Hosts Debtors Anonymous Group, Wed 7:30-8:30pm. Welcoming congregation for LGBTQ+ individuals.

**Categories:** Community, LGBTQ+, Support Groups

### The Quest for Grace

1482 Erie Blvd, Schenectady, NY 12305  
518-301-5662

**Website:** <http://www.questforgrace.com/>

**Description:** Offers free clothing, toys, and infant equipment twice a year for foster children. Exception: infants under 12 months old in foster care can get new items as they grow. Call for an appointment.

**Categories:** Clothing

### Quest Inc.

826 State St, Schenectady, NY 12307  
518-527-1784

**Website:** <http://www.schenectadyquest.org/>

**Description:** Offers free dinner for kids, Mon-Fri. Mattresses and blankets available (contact for more info). Run multiple programs for kids, including ballet and the Reading is Fun program, and provides free books for kids.

**Categories:** Clothing, Food Resources, Homelessness/Housing, Youth

## R

### Rain Drops Closet for Homeless Families

218 Nott Terrace, Schenectady, NY 12307  
518-417-9284

**Hours:** Tues 10:00am-2:00 pm

**Description:** Located in Emmanuel Friedens Church, Room 119. Provides free clothing, household goods, and hygiene products for homeless individuals or those recently getting out of homelessness. Referrals accepted, but not required. Also hosts a Christmas meal with a toy giveaway (need to sign up in November). May be able to provide free school supplies.

**Categories:** Clothing, Education, Food Resources, Homelessness/Housing

### Reach Out Center (ROC)

120 Emmons St, Schenectady, NY 12304  
**Hours:** Tuesday-Friday 6:30-8:30 pm

**Description:** A drop in center for youth; a safe space.

**Categories:** Youth

## Reading is Fun

518-377-9542

Website: <http://www.readingisfun.org/>

**Description:** Reading mentoring program for children ages 4-9 in the Schenectady School District.

**Categories:** Education, Youth

## Real Talk: Alliance for Positive Health

118 Henry St, Schenectady, NY 12304

518-331-3969

**Hours:** Wed 6:30-7:30pm

Website: <http://www.realtalk1317.com/>

**Description:** Prevention project for high risk youth ages 13-17 to reduce their risks for HIV/AIDS, STIs, and pregnancy.

**Categories:** HIV/AIDS, Youth

## Refugee and Immigrant Support Services of Emmaus (RISSE)

715 Morris Street, Albany, NY 12208

518-621-1041

**Hours:** Mon-Fri 11:00am-7:00pm

Website: <http://risse-albany.weebly.com/>

**Description:** Offers ESL classes, basic life skills, and an after-school program for youth.

**Categories:** Education, Minority Services

## Rehabilitation Support Services

314 Central Ave, Albany, NY 12206

518-462-1094

Website: <http://rehab.org/county/schenectady/>

**Description:** Offers supportive housing and supportive employment programs for those with a mental illness. Also has services for those suffering from both a mental illness and a substance abuse addiction.

**Categories:** Addiction, Homelessness/Housing, Mental Health/Counseling

## Ring of Hope Boxing Club

2330 Watt Street, Schenectady, NY 12304

518-377-1811

Website: <http://www.ringofhopeboxingclub.org/>

**Description:** Offers an after school program Mon-Thurs 4-5:30 pm for children ages 8-14. Also offers a program called Peaceful Warriors; they're focused on boxing, but also have weekly support group sessions and academic tutoring as needed (physical required).

**Categories:** Education, Youth

## Room for All

201-364-4538

Website: <https://roomforall.com/>

**Description:** This grassroots movement is working to bring inclusion and acceptance of the LGBTQ+ community to the Reformed Church of America. Offers a public roster of welcoming/affirming churches and of ministers who are welcoming. Offers workshops on building an inclusive church across the country. Also offers video-based resources for

congregations, communities, and students.

**Categories:** LGBTQ+

## Roots & Wisdom

Central Park, 500 Iroquois Path, Schenectady, NY 12309

(518) 372-1622 ext 257

**Farm Stand Hours:** Thurs 3-5pm, July-mid August

Website: <http://ccschenectady.org/agriculture/roots-wisdom>

**Description:** This youth and agriculture community service program teaches youth about hunger, nutrition, diversity, and sustainable agriculture. Can purchase fresh produce from the farm stand.

**Categories:** Environment, Food Resources, Youth

## Rotterdam Senior Citizens Center

2639 Hamburg St, Rotterdam, NY 12303

518-356-1561

**Hours:** Breakfast/Lunch, Mon-Fri 9:00am-2:00pm

Website: <http://rotterdamny.org/senior-citizens.aspx>

**Description:** Offers programming for seniors 55+ years of age; programs at the center are free. Provides Breakfast/Lunch Mon-Fri 9am-2pm for a small fee. This is a free tax preparation site, as well (Bring: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms).

**Categories:** Financial & Energy Assistance, Food Resources, Seniors

## Rotterdam Summer Band Program

Daniel Jones: 518-356-8282

John Savage: 518-774-5529

Rotterdam Parks & Rec Department: 518-356-1561

**Description:** Summer band program for youth in the area.

Contact for more information.

**Categories:** Youth

## Rotterdam Sunrise Rotary

351 Duanesburg Rd, Schenectady, NY 12306

Website: <https://www.facebook.com/rotterdamsunriserotary/>

**Description:** A community service organization in Rotterdam. Meetings are held on Thursday mornings, 7:15am, at Top's American Grille (5 Corners, Rotterdam).

**Categories:** Community

## Rotterdam Town Hall

1100 Sunrise Blvd, Rotterdam, NY 12306

518- 355-7575 ext.393

Website: <http://www.rotterdamny.org/Default.aspx>

**Description:** Oversees town departments such as public works and police department. Town Board Meetings held the 2<sup>nd</sup>/4<sup>th</sup> Wednesday of the month at 7pm.

**Categories:** Government

## Ruth's Place

1910 Broadway, Schenectady, NY 12306

518-631-6488

**Hours:** Thurs 1:00-7:00pm, Saturday 11:00am-3:00 pm  
**Website:** [http://bellevuereformed.org/?page\\_id=1696](http://bellevuereformed.org/?page_id=1696)  
**Description:** Thrift store with clothing, household items, and books at low cost.  
**Categories:** Clothing

## **S**

### **S&D Convenience**

951 State St, Schenectady, NY 12307  
**Website:** <http://www.capitalroots.org/programs/healthy-stores/rensselaer-county/>  
**Description:** Part of the healthy stores initiative; has fresh produce.  
**Categories:** Food Resources

### **Safe Helpline**

877-995-5247  
**Website:** [www.SafeHelpline.org](http://www.SafeHelpline.org)  
Peer Support: [www.SafeHelpRoom.org](http://www.SafeHelpRoom.org)  
**Description:** Assistance provided for sexual assault survivors.  
**Categories:** Sexual Assault

### **Safe, Inc.**

1344 Albany St, Schenectady, NY 12304  
518-374-5178  
**Website:** <http://www.safeincofschenectady.org/>  
**Description:** Offers a 30 day emergency shelter for youth ages 16-20, open 24 hours a day.  
**Categories:** Child Abuse, Homelessness/Housing

### **Salvation Army**

222 Lafayette St, Schenectady, NY 12305  
518-346-0222  
**Website:** <http://empire.salvationarmy.org/empireny/schenectady>  
**Description:** Hosts a number of programs, including youth and women programs. Has a food pantry Tues/Wed/Thurs 9:30-11:30 am (5 visits allowed per year; 10 for seniors). Also offers free meals Monday-Friday, 7:30-8:30am and 12-1pm (breakfast/lunch). Provides Thanksgiving and Christmas meals to the community. Runs the Booth Home, which is a 21 bed emergency shelter from women/children.  
**Categories:** Food Resources, Homelessness/Housing, Youth

### **Salvation Army Family Store**

2145 Central Ave, Albany, NY 12205  
282 Saratoga Rd, Glenville, NY 12302  
518-346-0205 or 1-800-728-7825  
**Website:** <https://satruck.org/Dropoff>  
**Description:** Offers low cost clothing.  
**Categories:** Clothing

### **Samaritan Counseling Center**

220 North Ballston Ave, Scotia, NY 12302  
8 N. Church St, Schenectady, NY 12305  
518-374-3514  
**Website:** <http://samaritancounselingcenter.org/>  
**Description:** Offers individual, couples, and family counseling.  
**Categories:** Mental Health/Counseling

### **SCAP Head Start**

**Bellevue Center:** 2000 Broadway, Schenectady, NY 12306  
**Bigelow Center:** 100 Bigelow Ave, Schenectady, NY 12304  
**Glen Worden Center:** 30 Worden Rd, Scotia, NY 12302  
**Yates Center:** 2450 Van Vranken Ave, Schenectady, NY 12308  
518-377-8539  
**Website:** <http://scapny.org/headstart/>  
**Description:** Pre-school for ages 3-5.  
**Categories:** Education, Youth

### **Schalmont School District**

1 Sabre Dr, Rotterdam, NY 12306  
518-355-9200 ext. 4005  
**Website:** <http://www.schalmont.org/adulteducation/index.cfm>  
**Description:** Offers Continuing/Adult Education classes; fees apply, but residents get a discount. Enrollment on a first come, first serve basis.  
**Categories:** Education

### **Schenectady Animal Control**

105 Jay St, Schenectady, NY 12305  
518-382-5200, ext. 5655  
**Hours:** Mon-Fri 9:00am-5:00pm  
**Website:** <http://www.cityofschenectady.com/173/Animal-Control>  
**Description:** Only handles dog issues. Helps connect families to lost dogs.  
**Categories:** Pets

### **Schenectady ARC**

214 State St, Schenectady, NY 12305  
518-372-1160  
**Website:** <http://www.arcschenectady.org/index.html>  
**Description:** Offers clinical services, day services, employment services, and residential services for individuals with an intellectual or developmental disability.  
**Categories:** Disabilities

### **Schenectady Farmer's Market**

105 Jay St, Schenectady, NY 12305  
**Hours:** Thurs 9am-1:30pm  
**Categories:** Food Resources

### **Schenectady City School District**

1445 The Plaza, Schenectady, NY 12308  
518-370-8100  
**Website:** <http://schenectady.ss12.sharpschool.com/>

**Description:** Offers Continuing Ed classes (fees apply, but residents get a discount). Also hosts TASC/GED classes Tues/Thurs 5:30-8:30pm in Room D24. Promises Mentoring available for youth (518-374-8822).

**Categories:** Education

### **Schenectady Civic Players**

12 S. Church St, Schenectady, NY 12305  
518-382-2081

**Website:** <http://home.civicplayers.org/>

**Description:** The Capital District's oldest community theater, which produces multiple plays throughout the year for the community's enjoyment. Part of the Schenectady County Public Library Museum Pass Program.

**Categories:** Community

### **Schenectady Clubhouse Group**

430 Cedar St, Schenectady, NY 12306

**Description:** Alcoholics Anonymous Meetings; all wheel chair accessible.

AA Meetings:

- Sunday 10am & 3pm (Open, Discussion)
- Sunday 7pm (Closed, Discussion)
- Mon 7pm (Closed, Discussion)
- Tues 12pm (Closed, Steps)
- Wed 1pm (Open, Discussion)
- Wed 7pm (Closed, Steps)
- Thurs 1pm (Open, Discussion)
- Fri 1pm (Closed, Discussion)
- Fri 7pm (Open, Beginners)
- Saturday 12pm (Closed, Discussion)
- Saturday 7pm (Open, Speaker)

**Categories:** Addiction

### **Schenectady Community Action Program (SCAP)**

913 Albany St, Schenectady, NY 12307  
518-374-9181

**Website:** <http://scapny.org/>

**Description:** Organization that can assist with multiple kinds of problems. Offers homelessness intervention by assisting individuals in finding permanent housing and preventing evictions. Offers housing at the Sojourn House for women with children or who are pregnant. Participates in Rapid Rehousing program (involves case management and rent assistance. Also runs the Shelter Plus Care program for homeless individuals with a mental health diagnosis, HIV/AIDS, or a substance abuse issue (assists with housing). Gives clothing vouchers for the City Mission Clothing Room. Free income tax preparation available. Also assists with multiple kinds of applications (SNAP, HEAP, etc.).

**Categories:** Clothing, Financial & Energy Assistance, Food Resources, Homelessness/Housing

### **Schenectady County Child Advocacy Center**

106 Erie Blvd, Schenectady, NY 12305

518-388-4615

**Website:** <https://www.facebook.com/Schenectady-County-Child-Advocacy-Center-101366083287688/>

**Description:** Protects and serves children who have been victims of abuse.

**Categories:** Child Abuse

### **Schenectady County Community College (SCCC)**

78 Washington Ave, Schenectady, NY 12305  
518-381-1314

**Websites:** <https://sunysccc.edu/>

**Description:** Affordable college education for youth. Also assists veterans wanting to pursue higher education. SCAP satellite site for students/faculty.

**Categories:** Education, Veterans, Youth

### **Schenectady County Department of Social Services (DSS)**

797 Broadway, Schenectady, NY 12305  
518-388-4470

**Website:** <http://www.schenectadycounty.com/dss>

**Description:** DSS provides assistance applying for Home Energy Assistance Program (HEAP), SNAP, health insurance, etc. Provides temporary assistance to individuals and families.

**Categories:** Child Care, Employment, Financial & Energy Assistance, Food Resources, Government, Homelessness/Housing

### **Schenectady County Embraces Diversity (SCED)**

1055 Wendell Ave, Schenectady, NY 12308  
518-374-2683 ext. 112

**Website:** <http://www.sicm.us/Programs%20Diversity.html>

**Description:** Runs Study Circles, small groups that focus on difficult topics; discussion based.

**Categories:** Community, Minority Services

### **Schenectady County Historical Society**

32 Washington Ave, Schenectady, NY 12305  
518-374-0263

**Hours:** Mon-Fri 9am-5pm, Saturday 10am-2pm

**Website:** <http://schenectadyhistorical.org/>

**Description:** Has a museum at this location, focused on the history of Schenectady. Offers walking tours of the historic Stockade. Hosts a number of programs throughout the year (check website calendar or newsletter for complete, updated list).

**Categories:** Community

### **Schenectady County Office of Children & Family Services**

106 Erie Blvd, Schenectady, NY 12305  
518-388-4736

**Hours:** Mon-Fri, 8:30am-4:30pm

**Website:** <http://www.schenectadycounty.com/node/343>

**Description:** Oversees programs/services concerning at-risk

youth and families, including Child Protective Services.

**Categories:** Child Abuse, Government

### **Schenectady County One Stop Center**

797 Broadway, Schenectady, NY 12305

518-344-2735

**Website:** <http://www.schenectadycounty.com/node/346>  
<http://schenectadywicc.ss12.sharpschool.com/cms/Online.aspx?portalId=415201&pageId=793954>

**Description:** Assists community with finding employment. No income restrictions. Holds a GED/TASC class Mon-Fri, 2:45-4:45pm (must be 21 years old, 518-370-8220). Also runs a summer youth employment program in the area.

**Categories:** Education, Employment, Government, Youth

### **Schenectady County Public Defender's Office**

519 State St, Schenectady, NY 12305

518-386-2266

**Website:** <http://www.schenectadycounty.com/node/578>

**Description:** Represents individuals in Criminal Court, Family Court, and County Court proceedings.

**Categories:** Government, Legal Assistance

### **Schenectady County Public Library**

#### Central Branch

99 Clinton St, Schenectady, NY 12305

518-388-4500

**Hours:** Mon-Thurs 9:00am-8:00pm, Fri-Sat 9:00am-5:00pm, Sun 1:00pm-5:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)  
<https://friendsofscpl.org/museum-pass-program/>

**Description:** Offers writing groups, movie showings, family story time, and multiple other community events. Serves as a SCAP satellite location Wednesdays from 10:30am-6:30pm. Runs a Museum Pass program where individuals with a Library Card can take out passes to multiple museums in the area and get free admission.

**Categories:** Community, Education, Youth

#### Glenville Branch

20 Glenridge Rd, Glenville, NY 12302

518-386-2243

**Hours:** Mon, Wed, Thurs 10:00am- 8:00pm, Tues, Fri, Sat 10:00am-5:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds a "Under Three" program for children under 3 years old; consists of stories, songs, and activities. Also runs a Pre-school story time for ages 3-5. Both programs are drop-in. A variety of other programs are held throughout the year; check with the branch for more information.

**Categories:** Community, Education, Youth

#### Mont Pleasant Branch

1026 Crane St, Schenectady, NY 12303

518-386-2245

**Hours:** Mon and Wed 10:00am-6:00pm, Fri and Sat 12:00pm-5:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds Family Story Time for families with children under age 5. Also holds "Tween Time" for grades 5-9, consisting of arts/crafts, projects, and games. Also holds after school programs. A variety of other programs are held throughout the year; check with the branch for more information

**Categories:** Community, Education, Youth

#### Niskayuna Branch

2400 Nott Street East, Niskayuna, NY 12309

518-386-2249

**Hours:** Mon-Wed 10:00am-8:00pm, Thurs-Sat 10:00am-5:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds a variety of programs for babies, toddlers, and preschoolers. Holds special events during school breaks, as well. A variety of other programs are held throughout the year; check with the branch for more information

**Categories:** Community, Education, Youth

#### Phyllis Bornt Branch Library and Literacy Center (ESL)

948 State St, Schenectady, NY 12307

518-370-8220

**Hours:** Mon-Wed 10:00am-8:00pm, Thurs-Sat 10:00am-5:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Offers educational programs for children and teens, as well as parenting classes. Also offers ESL classes Mon/Wed from 5-8pm.

**Categories:** Community, Education, Youth

#### Quaker Street Branch

133 Bull St, PO Box 157, Delanson, NY 12053

518-895-2719

**Hours:** Mon and Thurs 2:00pm-6:00pm, Tues 2:00pm-7:00pm, Wed 10:00am-6:00pm, Sat 10:00am-4:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds Family Story Time for families with children under age 5. A variety of other programs are held throughout the year; check with the branch for more information

**Categories:** Community, Education, Youth

#### Rotterdam Branch

1100 North Westcott Rd, Schenectady, NY 12306

518-356-3440

**Hours:** Mon-Wed 10:00am-8:00pm, Thurs-Sat 10:00am-5:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds Family Story Time for families with children under age 5. This is also a Free Tax Prep site. A variety of other programs are held throughout the year; check with the branch for more information

**Categories:** Community, Education, Youth

#### Scotia Branch

14 Mohawk Ave, Scotia, NY 12302

518-386-2247



**Hours:** Mon and Fri 10:00am-5:00pm, Tues and Thurs 1:00pm-6:00pm, Sat 10:00am-4:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds Family Story Time for families with children under age 5. A variety of other programs are held throughout the year; check with the branch for more information

**Categories:** Community, Education, Youth

#### Woodlawn Branch

2 Sanford St, Schenectady, NY 12304

518-386-2248

**Hours:** Mon 10:00am-5:00pm, Tues-Thurs 1:00pm-7:00pm, Sat 1:00pm-5:00pm

**Website:** [http://www.scpl.org/branch\\_libraries/index.html](http://www.scpl.org/branch_libraries/index.html)

**Description:** Holds reading programs for youth. A variety of other programs are held throughout the year; check with the branch for more information

**Categories:** Community, Education, Youth

### **Schenectady County SPCA**

518-640-3537

**Website:** <https://www.facebook.com/schenectadyspca/>

**Description:** A nonprofit law enforcement organization that investigates reports of animal cruelty. Also works to educate the public on animal cruelty laws.

**Categories:** Pets

### **Schenectady County's Veterans Service Agency**

797 Broadway, Schenectady, NY 12305

518-377-2423

**Hours:** Mon-Fri, 9am-4pm

**Website:** <http://www.schenectadycounty.com/veterans>

**Description:** Advise veterans on services and benefits available to them.

**Categories:** Veterans

### **Schenectady County Youth Bureau**

797 Broadway, Schenectady, NY 12305

518-386-2210

**Website:** <http://www.schenectadycounty.com/node/518>

**Description:** Offers funding for youth development programs.

**Categories:** Youth

### **Schenectady Damien Center**

615 Nott St, Schenectady, NY 12308

518-449-7119

**Drop-in Hours:** Tues & Fri, 11am-3 pm

**Website:**

<http://www.sicm.us/Programs%20Damien%20Center.html>

**Description:** A resources center designed to support individuals with HIV/AIDS. Offers nutrition education, life skills groups, case management, and meditation groups. Pet food available once a month (contact for date).

**Categories:** Food Resources, Health Care, HIV/AIDS, Pets

### **Schenectady Day Nursery**

25 Lafayette St, Schenectady, NY 12305

518-374-6319

**Hours:** Mon-Fri, 7am-5:30pm

**Description:** Offers affordable childcare for ages 6 weeks-12 years old. Payment on a sliding scale fee.

**Categories:** Child Care

### **Schenectady Farmer's Market**

1243 State St, Schenectady, NY 12304

105 Jay St, Schenectady, NY 12305

518-386-2225, ext. 226

**Hours:** Tues 9am-1pm (State St), Thurs 9am-1:30pm (Jay St)

**Website:** <http://www.schenectadyfarmersmarket.com/>

**Description:** Farmer's market in Schenectady – summer only

**Categories:** Food Resources

### **Schenectady Foundation**

376 Broadway, 2nd Floor, Schenectady, NY 12305

518-393-9500

**Website:** <http://www.schenectadyfoundation.org/index.php>

**Description:** Offers funding (through grants) to multiple organizations in the area for programs and projects. Scholarships for youth are also available.

**Categories:** Financial & Energy Assistance, Youth

### **Schenectady Friends Meeting**

427 Franklin St, Schenectady, NY 12305

518-383-3482

**Hours:** First Sunday of the month: 9am (May-October), 10am (November-April)

**Website:** <http://www.nyym.org/schenectady/>

**Description:** Quaker Worship; all are welcome. LGBTQ+ friendly.

**Categories:** Community, LGBTQ+

### **Schenectady Greenmarket: May-October**

105 Jay Street, Schenectady, NY 12305

**Hours:** Sunday 10am-2 pm, May-October

**Website:** <http://schenectadygreenmarket.org/>

**Description:** Farmer's market that accepts SNAP/EBT.

**Categories:** Food Resources

### **Schenectady Greenmarket: November-April**

432 State St, Schenectady, NY 12305

**Hours:** Sunday 10am-2 pm, November-April

**Website:** <http://schenectadygreenmarket.org/>

**Description:** Farmer's market that accepts SNAP/EBT. Located in Proctors.

**Categories:** Food Resources

### **Schenectady Hindu Temple**

1052 Pleasant St, Schenectady, NY 12303

**Website:** <https://www.facebook.com/Schenectadytemple/>

**Description:** Hindu Temple.

**Categories:** Minority Services

### **Schenectady Home Furnishings**

603 State St, Schenectady, NY 12305  
518-346-2444

**Website:** <http://www.schenectadyhomefurnishings.org/>

**Description:** Assists families in obtaining furniture. This service can only be used one per family/individual.

**Categories:** Homelessness/Housing

### **Schenectady Landlords Influencing Change**

35 Furman St, Schenectady, NY 12304  
518-382-2606

**Description:** Meets the 1st Wednesday of the month at 6:30pm at Trinity Lutheran Church.

**Categories:** Community

### **Schenectady Light Opera Company (SLOC)**

427 Franklin St, Schenectady, NY 12305  
877-350-7378

**Website:** <http://www.sloctheater.org/>

**Description:** SLOC is a community theater organization that puts on multiple productions throughout the year. Youth play a huge role in the productions as cast members.

**Categories:** Community, Youth

### **Schenectady Mental Health Associates**

1362 Union Street, Schenectady, NY 12308  
518-374-0295

**Hours:** Mon/Wed/Thurs/Fri 8:30am -5:00pm, Tues 8:30am-8:00pm

**Website:** <https://smha-crown.com/schenectady-mental-health-associates-smha/>

**Description:** Offers individual, couples, marital, and family counseling. Accepts most insurances.

**Categories:** Mental Health/Counseling

### **Schenectady Municipal Housing Authority (SMHA)**

375 Broadway, Schenectady, NY, 12305  
518-386-7000

**Website:** <http://smha1.org/>

**Description:** Public housing/Section 8 housing.

**Categories:** Homelessness/Housing

### **Schenectady Prescription Pill Drop Box**

320 Veeder Ave, Schenectady, NY 12307  
518-388-4300

**Description:** An anonymous, safe option for disposal of prescription medications.

**Categories:** Addiction, Seniors

### **Schenectady Rotary**

The Stockade Inn, 1 North Church Street, Schenectady, NY 12305

[contact@schenectadyrotary.org](mailto:contact@schenectadyrotary.org)

**Website:** <http://67.231.241.82/~schenrty/>

**Description:** Volunteer organization based in Schenectady.

**Categories:** Community

### **Schenectady-Saratoga Swim Club**

807 Union St, Schenectady, NY 12308  
88 Lakehill Road, Burnt Hills, NY 12027  
518-365-6516

**Website:** <https://www.teamunify.com/Home.jsp?team=adsssc>

**Description:** Practice Mon-Sat, swim meets on weekends. No transportation provided; limited scholarships available.

**Categories:** Youth

### **The Schenectady Theatre for Children**

93 West Campbell Rd, Rotterdam, NY 12306

**Website:** <http://www.stcny.org/home>

**Description:** Located in Viaport (the old Rotterdam Square Mall), this organization offers plays/productions to the community. Brings theatre productions to schools in the area.

**Categories:** Community

### **Schenectady Works**

28 Yates St, Schenectady, NY 12305  
518-346-2275

**Website:** <http://schenectadyworks.com/>

**Description:** Offers support in finding employment through the Career Training Center.

**Categories:** Employment

### **Schenectady YMCA**

433 State St, Schenectady, NY 12305  
518-881-0117

**Website:** <http://cdymca.org/locations/schenectady-ymca/>

**Description:** Programs for youth, including the Black and Latino Achiever Program and the Youth in Government Program. Dream Again Basketball- free summer basketball program for youth. Travel team runs throughout the year (518-860-3507).

**Categories:** Minority Services, Youth

### **Schenectady Youth Hockey Association**

5 Tower Road, Glenville, NY 12302  
Union College Messa Rink, 1261 Lenox Road, Schenectady, NY 12308  
518-393-9459

**Website:** <http://www.schenectadyyouthhockey.com/>

**Description:** Offers multiple programs for youth wanting to learn and play hockey. Full hockey gear required to play. Limited equipment is available for a free loan, but each child is required to provide their own skates, stick, and helmet.

**Categories:** Youth

### **Schoharie River Center**

2025 Burtonville Rd, Esperance, NY 12066  
518-875-6230

**Website:** <http://www.schoharierivercenter.org/>

**Description:** Offers after school and summer programming for youth interested in the environment.

**Categories:** Environment

### **Schonowee Village**

420 Hamilton St, Schenectady, NY 12305  
518-386-7000

**Website:** <http://smha1.org/publichousing.html>

**Description:** 210 housing units for elderly/disabled families. Contact Schenectady Municipal Housing Authority.

**Categories:** Homelessness/Housing

### **Scotia Business Improvement District**

518-334-9899

**Website:** <http://www.gotoscotia.com/>

**Description:** A group of business owners on Mohawk Avenue in Scotia who get together to discuss what is going on in the district as, well as what's going on in the Village and the Town of Glenville.

**Categories:** Community

### **Scotia-Glenville Pantry**

132 Mohawk Ave (Rt. 5), Scotia, NY 12302  
518-423-4132 or 518-588-8214

**Hours:** Tues 5:30-7:00 pm; Fri 9:00-11:00 am

**Description:** Food pantry available for residents of Scotia/Glenville only. ID required for all family members. Only one visit allowed per month.

**Categories:** Food Resources

### **Scotia-Glenville School District**

1 Tartan Way, Schenectady, NY 12302  
518-386-4377

**Website:**

<http://www.scotiaglenvilleschools.org/adulted/adulteducation.cfm>

**Description:** Continuing/Adult Ed available. Fees apply, but residents get a 20% discount.

**Categories:** Education

### **Scotia-Glenville Senior Center**

32 Worden Rd, Glenville, NY 12302  
518-374-0734

**Hours:** M-F 9:00am-4:00pm

**Website:**

[http://www.townofglenville.org/Public\\_Documents/Glenville\\_NY\\_senior/index](http://www.townofglenville.org/Public_Documents/Glenville_NY_senior/index)

**Description:** Offers a number of programs for seniors, including exercise classes, art classes, ballroom dancing, bocce ball, pickle ball, gardening, cards, and free computer classes. Lunch available Mon-Fri 12pm for seniors 60+ (\$3.25). Transportation available for seniors Mon-Fri 9am-3pm for errands (Glenville residents only). This is also a free tax preparation site (Bring: photo ID, bank account information, tax returns, Social Security card for all on tax form, Form 1095-A, Childcare documentation, unemployment forms).

**Categories:** Financial & Energy Assistance, Food Resources, Seniors, Transportation

### **Scotia United Methodist Church**

201 N Ten Broeck St, Scotia, NY 12302

**Website:** <https://sites.google.com/site/scotiamethodist/home>

**Description:** Hosts multiple Alcoholics Anonymous Groups. All meetings held downstairs; wheelchair accessible.

**AA Meetings:**

- Mon 6:30pm (Closed, Discussion)
- Tues 8pm (Open, Speaker & Discussion)
- Wed 7pm (Women only, Closed, Discussion)
- Thurs 6:30pm (Closed, Steps)

**Categories:** Addiction

### **Scotia Village Hall**

4 N. Ten Broeck St, Scotia, NY 12302  
518-374-1071

**Website:** <http://www.villageofscotia.org/>

**Description:** Oversees town departments such as court and fire department. Town Board Meetings held the 2<sup>nd</sup> Wednesday of the month at 7pm.

**Categories:** Government

### **SEAT Center/YouthBuild**

131 State St, Schenectady, NY 12305  
518-372-4100

**Website:** <http://www.seatcenter.org/youthbuild/>

**Description:** 9-month program for youth 18-24 to help them complete their high school education and get career training.

**Categories:** Education, Employment

### **Serragos Swimmers**

314 South Manning Blvd, Albany, NY 12208  
518-961-0112

**Website:** <http://www.serragosswimmers.com/special-needs-swimming.php>

**Description:** Offers adaptive swimming lessons to those with special needs (mental, physical, or development disabilities). Lessons given at the Center for Disability Services in Albany.

**Categories:** Disabilities

### **Sheridan Plaza Farmer's Market**

1338 Gerling St, Schenectady, NY 12308

**Hours:** Fri 2:00-6:00 pm, Summer

**Website:** <http://www.schenectadyfarmersmarket.com/>

**Categories:** Food Resources

### **SICM Emergency Food Pantry**

839 Albany St, Schenectady, NY 12307  
518-346-4445

**Hours:** Mon/Wed/Thurs/Fri 9-11:30 am (Doors open 7:30 am)

**Website:** <http://www.sicm.us/Food%20SICM%20Pantry.html>

**Description:** Pantry available for Schenectady County Residents only. Residents can visit once a month for full pantry service; IDs are required for all family members. Produce visits are allowed once a week at 11:15am; must sign up. Mass Distribution is held the last Thurs of the month from 8:30-11:30am. SNAP application assistance offered Mon/Wed

from 8:30-11am (walk-ins accepted). Cooking demonstrations are offered once a month on Friday from 7:50-8:45am. Sit & Knit offered every other Tuesday, 12:30-2pm; some supplies are provided.

**Categories:** Community, Food Resources

### **Snip Its: Clifton Park**

22 Clifton Country Rd, Clifton Park, NY 12065  
(518) 373-0023

**Hours:** Mon-Fri 10am-6pm (extended to 7pm on Wed);  
Saturday 9am-5pm, Sunday 10am-4pm

**Website:** <http://www.snipits.com/locations/clifton-park/>

**Description:** This walk-in salon offers haircuts to youth with special needs; all stylists specially trained to work with autistic children.

**Categories:** Disabilities

### **Snip Its: Guilderland**

2080 Western Ave, Hamilton Square, Guilderland, NY 12084  
(518) 250-4320

**Hours:** Mon-Fri 10am-6pm, Saturday 9am-5pm, Sunday  
11am-4pm

**Website:** <http://www.snipits.com/locations/albany/>

**Description:** This walk-in salon offers haircuts to youth with special needs; all stylists specially trained to work with autistic children.

**Categories:** Disabilities

### **Social Anxiety Support Group of Albany**

[socialanxietyalbany@gmail.com](mailto:socialanxietyalbany@gmail.com)

**Website:** <http://www.meetup.com/SASG-Albany/>

**Description:** Three types of meetings available: support, exposure, and social events. Meets twice a month. Email for location.

**Categories:** Support Groups

### **Social Security Office**

1 Broadway Center, Schenectady, NY 12305  
1-866-964-1296

**Hours:** Mon-Fri 9am-4pm (Wed only until 12pm)

**Website:** <https://www.ssa.gov/>

**Description:** Located on the 8<sup>th</sup> floor.

**Categories:** Government

### **Soldier On**

866-406-8449

**Website:** <http://www.wesoldieron.org/>

**Description:** Provides case management and some financial assistance for homeless veterans.

**Categories:** Financial & Energy Assistance, Veterans

### **Sportsman's Bowl**

1652 Crane St, Schenectady, NY 12303  
518-355-4330

**Hours:** Mon 9:00-11:00pm, Wed 9:00pm-12:00am

**Website:** <http://www.sportsmansbowl.com/>

**Description:** Offers a Dollar Night special, where games and

shoes are \$1 each, per person. Extended hours in Summer.

**Categories:** Community, Youth

### **St. Anne Institute**

160 North Main Ave, Albany, NY 12206  
518-437-6615

**Website:** <http://stanneinstitute.com/>

**Description:** Sexual abuse counseling program for offenders; sexual abuse counseling for children/adolescents.

**Categories:** Child Abuse, Mental Health/Counseling

### **St. Gabriel the Archangel Church**

2040 Hamburg St, Schenectady, NY 12303  
518-355-6600

**Description:** Hosts an Alcoholics Anonymous Meeting on Saturdays at 2pm (Closed, Steps, Traditions 2<sup>nd</sup> Saturday).

**Categories:** Addiction

### **St. Joseph's Church**

600 State Street, Schenectady, NY 12305  
518-374-4466

**Website:** <http://www.rcda.org/churches/StJosephSchenectady/>

**Description:** Hosts an Alcoholics Anonymous Meeting on Mondays at 7:30pm. Also hosts a Narcotics Anonymous Meeting on Tuesdays at 7pm (Open). Enter through side entrance.

**Categories:** Addiction

### **St. Joseph's Place**

837 Albany St, Schenectady, NY 12307  
518-982-0355

**Hours:** Mon/Wed/Thurs/Fri 9:00am-12:00 pm, Mon-Fri 1:30-3:00 pm

**Description:** A place of fellowship and conversation, open to all in the community.

**Categories:** Community

### **St. Kateri Parish School**

1803 Union Street, Schenectady, NY 12309  
School: 518-382-8225

Support Group: 518-372-8215

**Website:** <http://stkaterischool.org>

**Description:** Offers a Compassionate Friends Support Group for those suffering through loss. Meets the 1<sup>st</sup> Wed of the month at 7pm in the library. Call 518-372-8215 for more information.

**Categories:** Support Groups

### **St. Luke's Catholic Church**

1243 State St, Schenectady, NY 12304  
518-346-3405

**Website:** <http://stlukesschenectady.org/>

**Description:** Offers a Food Pantry to the community Wed-Fri, 10am-4pm (by appointment only). Also offers a boxed Christmas meal. Free clothing provided by referral from DSS or the Schenectady City School District.

**Categories:** Clothing, Food Resources

### **St. Mary's Healthcare**

427 Guy Park Ave, Amsterdam, NY 12010  
518-842-1900

**Website:** <https://www.smha.org/patient-care/addiction-services>

**Description:** Offers detox, counseling, and education.

**Categories:** Addiction

### **St. Paul the Apostle Church**

2777 Albany St, Schenectady, NY 12304  
518-377-8886

**Website:** <http://www.spacny.org/>

**Description:** Food pantry available for the community; must call for reservation. Hosts an Alcoholics Anonymous Meeting on Wednesdays at 6:30pm (Open, Discussion). Wheel chair accessible.

**Categories:** Addiction, Food Resources

### **St. Peter's Addiction Recovery Center: Inpatient Detoxification**

315 South Manning Blvd, Albany, NY 12208  
518-525-1303

**Website:** <http://www.sphcs.org/DetoxificationServices>

**Description:** Inpatient detox center.

**Categories:** Addiction

### **St. Peter's Addiction Recovery Center: Inpatient Rehabilitation**

3 Mercycare Ln, Guilderland, NY 12084  
518-452-6700

**Website:** <http://www.sphcs.org/AddictionRecoverySPARC>

**Description:** Inpatient rehab center.

**Categories:** Addiction

### **St. Peter's Addiction Recovery Center: Outpatient Clinic**

2925 Hamburg St, Rotterdam, NY 12303  
518-357-2909

**Website:** <http://www.sphcs.org/OutpatientRehabilitation>

**Description:** Recovery outpatient clinic.

**Categories:** Addiction

### **St. Peter's Rehab and Nursing Center**

301 Hackett Blvd, Albany, NY 12208  
518-262-0480

**Website:** <http://www.stroke.org/>

**Description:** Support group for Stroke Survivors of the Capital Region meets here on the 1<sup>st</sup> Sunday of the month at 2pm.

**Categories:** Health Care, Support Groups

### **St. Peter's Urgent Care**

400 Patroon Creek Blvd., Suite 102, Albany, NY 12206  
518-525-1062

**Website:** [http://www.lung.org/local-content/content-](http://www.lung.org/local-content/content-items/support-and-community/better-breathers/ny-bbc-albany.html)

[items/support-and-community/better-breathers/ny-bbc-albany.html](http://www.lung.org/local-content/content-items/support-and-community/better-breathers/ny-bbc-albany.html)

**Description:** Support group (the Better Breathers Club) for people with emphysema, asthma, and/or bronchitis. Meets the 3<sup>rd</sup> Wed of the month, May-September, 3-4:30pm.

**Categories:** Health Care, Support Groups

### **Stanford United Methodist Church**

1569 State St, Schenectady, NY 12304

**Description:** Hosts multiple Alcoholics Anonymous Meetings. One is held on Sundays at 5pm (Women only, Closed, Discussion). The second is held on Wednesdays at 7:30pm (Youth, Open, Discussion). Both are wheel chair accessible.

**Categories:** Addiction

### **State St. Presbyterian**

5 Catherine St, Schenectady, NY 12307  
518-374-2684

**Hours:** Mon-Wed, 1:00-4:00pm

**Website:** <http://www.statestpres.com/>

**Description:** Offers a clothing room Mon-Wed, 1-4pm. Also hosts a food pantry Mon-Wed, 1-4pm (visits limited to 6 times per year).

**Categories:** Clothing, Food Resources

### **Steinmetz Home Family Investment Center**

120 Emmons St, Schenectady, NY 12304  
518-370-8220

**Website:**

<http://schenectadywicc.ss12.sharpschool.com/cms/One.aspx?portalId=415201&pageId=793954>

**Description:** Hosts a TASC (GED) class Mon-Fri, 9am-12pm.

**Categories:** Education

### **Steinmetz Homes**

118 Henry St, Schenectady, NY 12304  
518-386-7000

**Website:** <http://smha1.org/publichousing.html>

**Description:** 244 units for families with children. Contact Schenectady Municipal Housing Authority.

**Categories:** Homelessness/Housing

### **Stockade Association**

32 Washington Avenue, Schenectady, NY 12305  
518-393-4725

[cdelam6533@aol.com](mailto:cdelam6533@aol.com)

**Description:** Meets the 3<sup>rd</sup> Thurs of January, March, May, September and November, 7 pm at 1st Reformed Church.

**Categories:** Community

### **Stockade Station Inc**

518-560-0170

**Website:** <https://www.facebook.com/StockadeStation/>

**Description:** Offers art classes for all ages, as well as art exhibits.

**Categories:** Community, Youth

## Stop the Violence, Inc.

518-685-5164

**Website:** <https://stoptheviolenceinc.wordpress.com/about-us/>

**Description:** Offers shelter, legal aid, and advocacy free of charge. Contact by phone or through Facebook.

**Categories:** Domestic Violence, Legal Assistance

## Stride Adaptive Sports

4482 NY Highway 150, West Sand Lake, NY 12196

518-598-1279

**Website:** <http://www.stride.org/>

**Description:** Offers multiple programs for adaptive sports for those with disabilities, including (but not limited to) archery, dance, bowling, golf, sailing, tennis, etc. Check site for more information (locations differ by sport).

**Categories:** Disabilities

## Study-at-home option for TASC

518-370-8230

**Description:** Call for more information.

**Categories:** Education

## SUN Neighborhood Association

105 Jay St, Schenectady, NY 12305

518-986-0959

rlharvey44@hotmail.com

**Hours:** 3<sup>rd</sup> Tues of the month, 6:30pm

**Description:** Neighborhood association meets in Room 110 of the Schenectady City Hall (no December or summer meetings). Most of the city's associations attend.

**Categories:** Community

## Sunnyview Rehabilitation Hospital

1270 Belmont Ave, Schenectady, NY 12308

518-382-4500

**Website:**

[http://www.nehealth.com/Medical\\_Care/Sunnyview\\_Rehabilitation\\_Hospital/](http://www.nehealth.com/Medical_Care/Sunnyview_Rehabilitation_Hospital/)

<https://bianys.org/programs/support-groups/support-group-list/>

<http://www.hospicegriefservices.com/wave-riders>

**Description:** Offers physical rehab. Hosts multiple support groups.

### Support Groups:

- Food Addicts, Tues 7pm, 518-225-0892
- Overeaters Anonymous, Wed 6:30 pm, 518-280-5954
- Wave Riders (for ages 3-17 who have experienced death of someone significant in their lives), Mon 5-6:30pm, 518-843-5412
- Brain Injury, 1<sup>st</sup> Wed of month @ 1pm, 518-459-7911

**Categories:** Health Care, Support Groups

## SUNY College and Career Counseling Center

433 State Street, Schenectady, NY 12305

518- 631-2257

**Website:** <http://sunysccc.edu/About-Us/SUNY-College-and-Career-Counseling-Center>

**Description:** For disadvantaged members of the Capital Region 16+, assists with resumes, cover letters, financial aid applications, career advising, etc.

**Categories:** Employment, Youth

## T

## Tabernacle of New Hope

3 Morris Ave, Schenectady, NY 12308

518-372-3354

**Hours:** Mon 10am-12pm

**Website:** <https://www.facebook.com/tabnewhope/>

**Description:** Offers a Food Pantry to the community. Photo ID and proof of address required.

**Categories:** Food Resources

## Talking Book and Braille Library

222 Madison Avenue, Albany, NY 12230

518- 474-5935

**Website:** <http://www.nysl.nysed.gov/tbbl/>

**Description:** Located at the Cultural Education Center. Lends audio and braille books to those with vision impairments (can include player for audiobooks).

**Categories:** Disabilities

## TBU Productions (Told By Us)

518-847-1564

**Website:** <http://toldbyus.org/>

**Description:** An organization for students 13-20 years old to explore social issues through music. Teaches students the writing aspect of music, as well as production. Offers an after-school program for youth. Creates short music videos. Students are also working on full-length films, as well.

**Categories:** Education, Youth

## Tears Foundation

518-512-1940

**Website:** <http://www.thetearsfoundation.org/>

**Description:** Provides Pack & Plays for children 4 months old or younger. Also assists with funeral assistance for children (contact for more information). Hosts a peer companion program, pairing people who have both lost a child together for peer-to-peer support.

**Categories:** Family Planning/Pregnancy, Mental Health/Counseling

## Ten Eyck Apartments

375 Broadway, Schenectady, NY 12305

518-274-8685

**Description:** Affordable housing for elderly/disabled families. Contact Schenectady Municipal Housing Authority.

**Categories:** Homelessness/Housing

### **Thacher Park**

1 Hailes Cave Rd, Voorheesville, NY 12186  
518-872-1237

**Website:** <https://parks.ny.gov/parks/128/details.aspx>

**Description:** Offers miles of trails for hiking. The park itself has volleyball courts, playgrounds, ball fields, and picnic areas for the public to use. Programs are offered year round for the community.

**Categories:** Environment, Youth

### **Things of My Very Own, Inc.**

249 Green St, Schenectady, NY 12305  
518-630-5143

**Hours:** Mon/Wed/Fri 9:00am-12:00 pm

**Website:** <https://thingsofmyveryown.wildapricot.org/>

**Description:** Clothing provided for abused children; hours listed are for non-emergent cases, call for emergencies. Appointments strongly recommended.

**Categories:** Child Abuse, Clothing

### **Town of Colonie Outreach Center**

1639 Central Avenue, Colonie, NY 12205  
518-925-6296 or 518-466-6999

**Website:**

[http://www.dbsalliance.org/site/PageServer?pagename=peer\\_support\\_group\\_locator](http://www.dbsalliance.org/site/PageServer?pagename=peer_support_group_locator)

**Description:** The Colonie Depression and Bipolar Alliance Support Group meets here on Tuesdays from 7-8:30pm.

**Categories:** Government, Support Groups

### **TRAIID Program (Technology Related Assistance for Individuals with Disabilities)**

401 State Street, Schenectady, NY 12305  
(800) 624-4143; 518-388-2877

**Website:**

[https://www.health.ny.gov/publications/0548/the\\_triad\\_program.htm](https://www.health.ny.gov/publications/0548/the_triad_program.htm)

**Description:** Helps people learn about, obtain, and be able to use assistive technology services/devices.

**Categories:** Disabilities, Seniors

### **Trinity Alliance**

15 Trinity Place, Albany, NY 12202  
518- 449-5155

**Hours:** Mon-Fri 8:30am-5:00 pm

**Website:** <http://www.trinityalliancealbany.org/>

**Description:** Offers programs for Schenectady residents such as anger management, early intervention, jail transition, parenting classes, financial literacy, and some case management.

**Categories:** Family Planning/Pregnancy, Financial & Energy Assistance, Mental Health/Counseling, Reentry

### **Trinity Baptist Church**

2635 Balltown Rd, Niskayuna, NY 12309  
518-393-2506

**Website:** <http://trinitybaptist-ny.com/>

**Description:** Offers a food pantry the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month, 7-8pm. Their church plant exists at the Steinmetz Investment Center, meeting on Saturdays from 5-7pm (a free community meal is provided). Also participates in a prison ministry, and hosts a Sports Camp.

**Categories:** Food Resources, Youth

### **Trinity Lutheran Church**

35 Furman St, Schenectady, NY 12304  
518-382-2606

**Website:**

<https://sites.google.com/site/schdytrinitylutheranchurch/home?pli=1>

**Description:** Hosts a Narcotics Anonymous Group on Mondays from 7-8:30pm and Fridays from 6-7:30pm (steps, tradition, book study). Wheel chair accessible.

**Categories:** Addiction

### **Trinity Reformed Church**

705 Curry Rd, Rotterdam, NY 12306  
518-355-4032

**Website:** <http://trinityrca.org/index.html>

**Description:** Hosts Alcoholics Anonymous Meetings.

AA Meetings

- Wed 6:30pm (Closed, Big Book)
- Tues 7pm (Closed, Discussion)
- Thurs 7pm (Both an open and closed group)

**Categories:** Addiction

## **U**

### **Umbrella of the Capital District**

9 North Broadway, Schenectady, NY 12305  
518-346-5249

**Website:** <http://www.theumbrella.org/>

**Description:** Helps with home maintenance for seniors for a small monthly fee (sliding scale).

**Categories:** Homelessness/Housing, Seniors

### **Union Counseling Behavioral Health Center**

1311 Union St, Schenectady, NY 12308  
518-374-6263

**Hours:** Mon-Thurs 9:00 am-9:00 pm, Fri 9:00 am-5:00 pm, Saturday hours by appointment

**Website:** <http://unionstreetcounseling.com/>

**Description:** Outpatient mental health agency providing a wide range of services.

**Categories:** Mental Health/Counseling

### **Union Presbyterian Church**

1068 Park Ave, Schenectady, NY 12308

**Website:** <http://www.unionpres.org/>

**Description:** Hosts a Narcotics Anonymous Meeting on Saturdays, 7-8:30pm (Open, Rotating Format).

**Categories:** Addiction

### **Union Triangle Neighborhood Association**

1081 Park Ave, Schenectady, NY 12308  
518-372-7047

**Website:** <http://uniontriangle.org/>

**Description:** Meeting time/place changes; call for more information.

**Categories:** Community

### **United States Citizenship and Immigration**

#### **Services: Albany Office**

1086 Troy-Schenectady Rd, Latham, NY 12110  
1-800-375-5283

**Website:** [www.uscis.gov/](http://www.uscis.gov/)

**Description:** Provides legal assistance for immigrants, as well as assistance applying for citizenship.

**Categories:** Legal Assistance, Minority Services

### **United Way of the Greater Capital Region**

1 United Way, Albany, NY 12205  
518-456-2200

**Website:** <http://www.unitedwaygr.org/>

**Description:** Offers the 2-1-1 program to the community. Call 2-1-1 for information and referrals.

**Categories:** Community

### **Upper Union Street BID**

1598 Union St, Schenectady, NY 12309  
518-727-6689

**Website:** <http://www.upperunionstreet.com/>

**Description:** Promotes the local businesses of Union Street.

**Categories:** Community

### **Upper Union Street Farmer's Market**

1630 Union Street, Schenectady, NY 12309  
**Hours:** Saturday 9:00am-1:30 pm, summer

**Website:**

<https://www.facebook.com/UpperUnionStreetFarmersMarket/>

**Description:** Farmer's market located on Union Street; fresh, local grown produce.

**Categories:** Food Resources

### **USS Slater: Destroyer Escort Historical Museum**

141 Broadway, Albany, NY 12202  
518-431-1943

**Hours:** Wed-Sunday, 10am-4pm (April-November)

**Website:** <http://www.ussslater.org/index.html>

**Description:** Offers the chance for individuals to tour the USS Slater boat. Part of the Schenectady County Public Library Museum Pass Program.

**Categories:** Community

## **V**

### **Vale Community Organization**

518-372-4693

**Description:** Meets the 1<sup>st</sup> Thursday of the month at the Caretaker's House or at State St. Pres. Call to confirm.

**Categories:** Community

### **Veggie Mobile Locations**

Father O'Brien Senior Community, 3151 Marra Ln, Schenectady, NY 12303

**Hours:** Mon 1:00-1:45pm

Hometown Health Center, 1044 State St, Schenectady, NY 12307

**Hours:** Mon 2:00-2:45pm

Schenectady DSS, 797 Broadway, Schenectady, NY 12305

**Hours:** Mon 3-3:45pm

Summit Towers, 720 Albany St, Schenectady, NY 12307

**Hours:** Friday 1:30-2:00 pm

Lincoln/Keane Schools, 1325 Albany St, Schenectady, NY 12304

**Hours:** Friday 2:15-3:00pm

Ten Eyck Apartments, 375 Broadway, Schenectady, NY 12305

**Hours:** Fri 3:15-4:00pm

**Website:**

<http://www.capitalroots.org/programs/veggie/schedule-and-locations-2/>

**Description:** Provides fresh, affordable fruits/vegetables; EBT/SNAP accepted.

**Categories:** Food Resources

### **Veteran's Miracle Center**

10 Interstate Ave, Albany, NY 12205  
(518) 486-8398

**Hours:** Mon-Fri, 9am-5pm (by appointment only)

**Website:** <http://www.vmcalbany.org/>

**Description:** Provides free basic needs items for veterans (clothing, household goods, food, hygiene items, etc.).

**Categories:** Veterans

### **Veterans of Foreign Wars**

Hilderbrand-Davis Post

609 Draper Ave, Rotterdam, NY 12306  
518-382-1669

**Hours:** 2<sup>nd</sup> Tuesday of the month, 7:00 pm

Mayfair-Glenville Post

Saratoga Rd, Schenectady, NY 12302  
518-399-7559

**Hours:** 2<sup>nd</sup> Tuesday of the month, 7:00 pm

Schenectady Post

1309 5th Ave, Schenectady, NY 12303  
518-382-8363

**Hours:** 3<sup>rd</sup> Monday of the month, 7:00 pm

**Website:** <https://www.vfw.org/>

**Categories:** Veterans



### **Victoria Acres Equine Facility, Inc.**

3771 Western Turnpike, Altamont, NY 12009  
518-813-8805

**Website:** <http://www.victoriaacresequinefacility.com/>

**Description:** Offers therapeutic horse programs for those with disabilities and veterans.

**Categories:** Disabilities, Veterans

### **Villa Fusco Food Pantry**

955 Balltown Rd, Niskayuna, NY 12309  
518-377-1613

**Hours:** 3rd Saturday of the month, 12:00-2:00 pm

**Description:** Offers a food pantry once a month. Must make appointment by Thurs/Fri before the 3rd Sat.

**Categories:** Food Resources

### **Visiting Nurse Service of Northeastern New York**

108 Erie Blvd, Schenectady, NY 12305  
518-382-7932

**Website:** <http://www.vnshomecare.org/Default.aspx>

**Description:** Offers in-home care for adults and children.

**Categories:** Health Care



### **Washington Irving**

422 Mumford St, Schenectady, NY, 12307  
518-370-8220

**Hours:** Mon-Fri 9:00am-12:00pm, 12:30-2:30pm

**Website:** <http://wiec.schenectady.k12.ny.us/>

**Description:** Offers TASC (GED) classes, as well as ESL classes. Provides vocational training and career readiness programs for adults, as well.

**Categories:** Education, Employment

### **Weatherization Services Satellite Office**

913 Albany Street, Schenectady, NY 12307  
518-374-1702

**Hours:** Tues/Thurs 9:00am-3:00 pm

**Website:** <http://saratogaec.org/programs/energy-services/weatherization-application/>

**Description:** Helps reduce heating/cooling costs of a home; can assist with health/safety issues in homes, as well.

**Categories:** Financial & Energy Assistance

### **Whitney Young Health Center**

920 Lark Drive, Albany, NY 12207  
518-465-4471

**Website:** <http://wmyhealth.org/>

**Description:** Accepts Medicaid/Medicare.

**Categories:** Addiction, Health Care

### **WIC Clinic**

650 Franklin St, Schenectady, NY 12305  
518-346-8818

**Website:** <http://www.fns.usda.gov/wic/women-infants-and-children-wic>

**Description:** Offers assistance to women with children under 5 years old. WIC checks can help women get basic necessities for their children.

**Categories:** Food Resources

### **Wildwood Programs**

1190 Troy-Schenectady Road, Latham, NY 12110  
518-640-3356

**Website:** <http://www.wildwood.edu/>

**Description:** Offers guidance and supportive counseling for families with a disabled child. Also provides soft skills training and multiple types of employment programs.

**Categories:** Disabilities, Employment, Mental Health/Counseling

### **Wildwood, Inc.**

2995 Curry Rd Extension, Schenectady, NY 12303  
518-640-3352

**Website:** <http://www.wildwood.edu/>

**Description:** Provides adult education for adults with disabilities. This is also a school for autistic children (518-836-2200).

**Categories:** Disabilities, Education

### **Wonderland Nursery School**

1915 Helderberg Ave, Schenectady NY 12306  
518-355-8022

**Website:**

<http://www.wonderlandnurseryschool.com/Registration.html>

**Description:** Nursery school for ages 3-5.

**Categories:** Child Care

### **Woodlawn Merchants Association**

2506 Albany St, Schenectady, NY 12304  
518-346-6775

**Hours:** 4th Wed of the month, 7:00pm

**Description:** Association meets monthly at Hibernian Hall.

**Categories:** Community

### **Woodlawn Neighborhood Association**

1748 State St, Schenectady, NY 12304

**Hours:** 4<sup>th</sup> Wed of the month, 7:00 pm

**Description:** Association meets monthly at Hibernian Hall.

**Categories:** Community

### **Working Group on Girls**

1121 Forest Rd, Schenectady, NY 12303  
[info@wggschenectady.org](mailto:info@wggschenectady.org)

**Website:** <http://wggschenectady.org/>

**Description:** Offers Learning Circles for girls in the Schenectady City School District Middle Schools (groups of 10-12 girls at most who meet weekly for support). Also offers

field trips for girls in the middle schools, and hosts an annual Girls Day Out event. Throughout the year, partners with Boys Day Out to host Teen Nights (nights of fun, education, etc.).  
**Categories:** Youth

## **Y**

### **Yates Village**

2450 Van Vranken Ave, Schenectady, NY 12308  
518-386-7000

**Website:** <http://smha1.org/publichousing.html>

**Description:** Offers 300 affordable housing units for families with children; contact Schenectady Municipal Housing Authority for more information.

**Categories:** Homelessness/Housing

### **YMCA Lally Day Care Center**

204 S. Ten Broeck Street, Scotia, NY 12302  
518-374-4914

**Hours:** Mon-Fri, 7am-6pm

**Website:** <http://cdymca.org/programs/child-care/lally-day-care-center/>

**Description:** Licensed day care center for ages 6 weeks to 6 years old.

**Categories:** Child Care

### **Youth Life Support Network, Inc.**

120 Emmons St, Schenectady, NY 12305  
518-280-7584

**Website:** <https://www.facebook.com/ylnincpromiseyouth/>

**Description:** Runs the 1Live2Life program: gang/violence prevention program with wrap around care and complete

confidentiality.

**Categories:** Youth

### **YWCA**

44 Washington Ave, Schenectady, NY 12305  
518-374-3394

**Hours:** Mon-Fri 7:00am-9:00 pm; Sat/Sun 9:00am-5:00 pm

**Website:** <http://www.ywca-northeasternny.org/>

**Description:** Offers support groups and counseling for those who have experience domestic violence. Runs a Domestic Violence Shelter (518-374-3386). Offers a free legal clinic the 1<sup>st</sup> Wed of the month from 9am-5pm. Also runs the CASH program for women, providing financial assistance.

Temporary/transitional housing available for women 18+ (transitional for homeless women suffering from at least one other issue). On Thursdays at 1pm, offers a Young Mothers Support Group.

**Categories:** Domestic Violence, Family Planning/Pregnancy, Financial & Energy Assistance, Homelessness/Housing, Legal Assistance, Minority Services, Support Groups

### **YWCA Early Learning Center**

SCCC, 78 Washington Ave, Schenectady, NY 12305  
518-381-1375

YWCA, 44 Washington Ave, Schenectady, NY 12305  
518-374-3394 ext 101

**Hours:** SCCC = Mon-Fri, 7:30am-5:30pm; YWCA = Mon-Fri, 7:00am-5:30pm

**Website:** <http://www.ywca-northeasternny.org/early-learning-centers/>

**Description:** Child care for children under age 3. Flexible hours available.

**Categories:** Child Care